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Due to the nature of this self-deliverance manual there will  
Be no table of contents.

THE BLOOD OF JESUS CLEANSSES YOU FROM ALL SIN AND GUILT (1 JOHN 1:7).

JESUS IS THE DELIVERER!!

# **END-TIME DELIVERANCE MINISTRY DEMONBUSTER.COM**

## **DELIVERANCE MANUAL**

OUR MAIN PAGE IS AT <http://www.demonbuster.com>

**NO DEMONS ALLOWED**

## **SPIRITUAL WARFARE PRAYERS TO PRAY DAILY**

**These are just samples.**

Ps 79:12 And render unto our neighbors SEVENFOLD into their bosom their reproach, wherewith they have reproached thee, O Lord.

Gen 4:15 And the LORD said unto him, Therefore whosoever slayeth Cain, vengeance shall be taken on him SEVENFOLD.

Gen 4:24 If Cain shall be avenged sevenfold, truly Lamech SEVENTY and SEVENFOLD.

The following Spiritual Warfare Prayers are sample prayers. They are not to be ritual prayers or incantations. They are a guide to go by. Some or all of these prayers should be prayed DAILY, and

sometimes often during the day.

ANY UNGODLY THOUGHTS, OR THOUGHTS YOU DON'T WANT, PRAY THIS IMMEDIATELY:

IN JESUS NAME, I CIRCUMCISE THESE THOUGHTS.

You may have to pray this several times before the bad thoughts leave. This really works too!

WHEN ENTERING YOUR OFFICE, GROCERY STORE, ANYONE ELSE'S HOME, ETC., PRAY THIS BEFORE ENTERING:

IN JESUS NAME, I COVER MYSELF AND THIS PLACE WITH THE BLOOD OF JESUS. I BIND UP EVERY DEMON IN HERE, AND I ASK FOR GIANT WARRIOR ANGELS TO PROTECT ME.

AFTER HANGING UP THE PHONE, LEAVING WORK, GROCERY STORE, NEIGHBORS, OR VISITORS LEAVE YOUR HOME, ETC., PRAY THIS IMMEDIATELY:

IN JESUS NAME, I COMMAND EVERY DEMON THAT HAS FOLLOWED ME, WAS SENT TO ME, OR TRANSFERRED TO ME, TO LEAVE ME NOW.

BEFORE DOWNLOADING EMAIL OR OPENING WEB PAGES ON THE COMPUTER, PRAY THIS:

IN JESUS NAME, I BIND UP EVERY DEMON COMING ACROSS THE COMPUTER LINES, AND I RETURN THEM AND ANY CURSES.

BEFORE OR AFTER GETTING INTO ANY VEHICLE, PRAY THIS:

IN JESUS NAME, I COVER MYSELF IN THE BLOOD OF JESUS. I COVER THIS VEHICLE AND THE ROAD I TRAVEL IN THE BLOOD OF JESUS. I TAKE AUTHORITY AND DOMINION OVER ALL ANIMALS AND DEMONS OF THE ROAD SO THEY DO NOT CROSS MY PATH. I DISPATCH ANGELS AHEAD OF ME TO PROTECT ME.

BEFORE GOING TO SLEEP, PRAY THIS:

IN JESUS NAME, I COVER MYSELF AND ALL MY PROPERTY WITH THE BLOOD OF JESUS. I TAKE AUTHORITY OVER ALL DEMONS OF THE NIGHT, BAD DREAMS, NIGHTMARES, AND SEX DREAMS, AND ANYONE OR ANYTHING TRYING TO GET INTO MY DREAMS, AND I COMMAND THEM TO STAY AWAY. I ASK FOR GIANT WARRIOR ANGELS TO PROTECT ME AND MY PROPERTY AS I SLEEP, THROUGH THE NIGHT AND THE DAY. I ASK FOR A FIERY WALL OF PROTECTION AROUND ME.

ANY SHARP PAIN THAT COMES ON YOU SUDDENLY IS ALMOST ALWAYS WITCHCRAFT. WHEN THIS HAPPENS, PRAY THIS IMMEDIATELY AS YOU USE YOUR INDEX FINGER AND THUMB ON THE SPOT OF THE PAIN, LIKE YOU WERE PULLING OUT A VODOO PIN:

IN JESUS NAME, I PULL OUT ALL FIERY DARTS, PINS, NEEDLES, SPEARS, VODOO, ALL WITCHCRAFT AND CURSES AND ANYTHING ELSE, AND I RETURN IT TO THE SENDER, ONE HUNDREDFOLD. (Then motion with your hand towards a window or door like you were throwing it out.) If it is witchcraft, the pain will go immediately. This is a highly effective Spiritual Weapon.

TO RETURN ALL EVIL BEING SENT, PRAY THIS SEVERAL TIMES DURING THE DAY, AND ANY TIME THE HOLY SPIRIT PROMPTS YOU:

IN JESUS NAME, I CUT AND BURN ALL UNGODLY SILVER CORDS AND LAY LINES. AS YOUR WAR CLUB AND WEAPONS OF WAR, I BREAK DOWN, UNDAM, AND BLOW UP ALL WALLS OF PROTECTION AROUND ALL WITCHES, WARLOCKS, WIZARDS, SATANISTS, SORCERERS, AND THE LIKE, AND I BREAK THE POWER OF ALL CURSES, HEXES, VEXES, SPELLS, CHARMS, FETISHES, PSYCHIC PRAYERS, PSYCHIC THOUGHTS, ALL WITCHCRAFT, SORCERY, MAGIC, VODOO, ALL MIND CONTROL, JINXES, POTIONS, BEWITCHMENTS, DEATH, DESTRUCTION, SICKNESS, PAIN, TORMENT, PSYCHIC POWER, PSYCHIC WARFARE, PRAYER CHAINS, INCENSE AND CANDLE BURNING, INCANTATIONS, CHANTING, UNGODLY BLESSINGS, HOODOO, CRYSTALS, ROOTWORKS, AND EVERYTHING ELSE BEING SENT MY WAY, OR MY FAMILY MEMBER'S WAY, OR ANY DELIVERANCE MINISTRIES WAY, AND I RETURN IT, AND THE DEMONS TO THE SENDER, ONE HUNDREDFOLD, AND I BIND IT TO THEM BY THE BLOOD OF JESUS.

If you brought a bottle of spoiled milk home from the grocery store, would you drink it or RETURN it? By RETURNING it, is your intention to have the clerk drink it? No. You RETURN it because you don't want it. Same for RETURNING all evil, because you don't want it.

Recently, a friend of ours was prayed for by another minister. Through Discernment, the minister praying for her saw pentagrams (5 pointed star) drawn on her liver. She had been diagnosed with Hepatitis C (a disease effecting the liver and other body parts). The minister did not know this.

While praying for her, the Lord showed us that we could take the Blood of Jesus and “erase” these evil lines drawn on her liver or any part of her body. So we prayed this way:

Father, In Jesus' Name, I take the Blood of Jesus and break the power of all witches, warlocks, wizards, satanists, sorcerers, wiccans, pagans, and any other source, and all of their rituals off of us. With the Blood of Jesus, I erase all evil lines drawn on our liver or any parts of our body, soul, will, and emotions.

Note that this is a “spiritual” act of erasure, just like when we do Spiritual Warfare and pull out all fiery darts, pins, needles, etc. where there is pain in our bodies.

PRAY THIS OTHER ANTI-WITCHCRAFT PRAYER DAILY:

SPIRITUAL WARFARE PRAYER AGAINST WITCHCRAFT

IN THE NAME OF JESUS CHRIST OF NAZARETH, I COME AGAINST THE PRINCE-RULING

SPIRIT AND ALL SPIRIT GUIDES. I COME THROUGH THE BLOOD OF THE LORD JESUS CHRIST, IN THE NAME OF JESUS. I PARALYZE YOU AND SILENCE YOU, FORBIDDING YOU FROM INFLUENCING OR STRENGTHENING THEM (THE WITCH OR WITCHES) IN THE NAME OF JESUS, RIGHT NOW!

WE ARE DESTROYING YOUR VERY WORKS: THE SPIRITS OF HATE, BITTERNESS AND MURDER, SPIRITS OF ENVY AND JEALOUSY, SPIRITS OF WIZARDRY, SORCERY AND ALL YOUR CO-SPIRITS, YOUR WORKS, YOUR POWERS, YOUR INFLUENCES ARE DESTROYED IN THE NAME OF JESUS!

I PARALYZE YOU, ALL, RIGHT NOW. YOU WILL NOT BE ABLE TO USE THIS SOUL ANY LONGER AGAINST THE CHURCH (OR, A PARTICULAR PERSON), IN THE NAME OF JESUS. I COME AGAINST THE SPIRIT OF BLINDNESS, BINDING THE SPIRITS OF BONDAGE AND HEAVINESS, FEAR AND HATE.

I PRAY, LORD, THAT YOU WILL OPEN THEIR EYES SO THEY CAN SEE THE GLORY OF JESUS. OPEN THEIR HEARTS SO THAT THEY CAN HEAR YOUR VOICE. BREAK THE YOKES IN THEIR LIVES AND GIVE THEM LIBERTY IN THEIR SOULS, THAT THEY MAY BE FREE TO REPENT. SHOW THEM EVERY EVIL WORK AND EVERY EVIL DEED THEY'RE GUILTY OF, AND LORD JESUS, CONVICT THEIR HEARTS UNTO REPENTANCE. BRING THESE SOULS OUT OF DARKNESS; SAVE THESE SOULS SO THAT YOU MAY HAVE THE GLORY.

SATAN, I SILENCE YOU IN THE NAME OF JESUS, BINDING ALL YOUR INTERFERENCE. YOU WILL NOT INTERFERE WITH THESE SOULS AND THEY WILL HAVE THEIR OWN FREE WILL CHOICE SO AS TO MAKE UP THEIR OWN MINDS IF THEY WANT TO REPENT. THEY WILL DO IT WITHOUT YOUR INTERFERENCE. ALSO, LORD JESUS, I PRAY THAT YOU WILL RELEASE WARRING ANGELS TO WAGE WAR AGAINST THESE DEMONIC ACTIVITIES, AND WILL SEND MINISTERING SPIRITS TO MINISTER TO THEIR SOULS.

# **SPIRITUAL WARFARE PRAYERS**

## **TO DESTROY THE WORKS OF THE DEVIL**

THIS IS AN ASSORTMENT OF METHODS AND PRAYERS TO HELP YOU LAUNCH AN ATTACK AGAINST THE DEVIL AND HIS HELPERS, THE DEMONS

If you are not right with the Lord, don't expect this to work for you.

Cut out this sign and hang or tape it OVER every door entering you home or office. You could also just write it out on paper and tape it to the doorway. It will keep many demons and people from coming in the doorway. We have personal testimonies that it works. If you have more than four doors, make some more copies.

WHOEVER OR WHATEVER ENTERS THIS HOME  
IS COVERED WITH THE BLOOD OF JESUS

WHOEVER OR WHATEVER ENTERS THIS HOME  
IS COVERED WITH THE BLOOD OF JESUS

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#### MINISTRY CARDS

This is what was printed on one of our older ministry cards we passed out everywhere we went. There is also a quarter size NO DEMONS logo on it. (Not shown here).

#### END-TIME DELIVERANCE MINISTRY

JESUS SAID IN LUKE 13:32 ...I DRIVE OUT DEMONS AND PERFORM HEALINGS TODAY  
AND TOMORROW...

MATTHEW 10:8 HEAL THE SICK, CLEANSE THE LEPERS, RAISE THE DEAD, CAST OUT  
DEMONS: FREELY YE HAVE RECEIVED, FREELY GIVE... JESUS CHRIST.

MARK 16:17 THESE SIGNS SHALL FOLLOW THEM THAT BELIEVE; IN MY NAME SHALL  
THEY CAST OUT DEMONS... JESUS CHRIST.

HAVE YOU PRAYED FOR THE SAME OLD PROBLEM TIME AND TIME AGAIN? HAVE YOU  
BEEN PRAYED FOR AT CHURCH TO NO AVAIL FOR FEAR - ALCOHOL - DEPRESSION, ETC.?  
IF IT HASN'T WORKED, YOU NEED DELIVERANCE (CASTING OUT DEMONS). IT WORKS!

THE CAPTIVES ARE SET FREE WITH DELIVERANCE!

DELIVERANCE CAN HELP ANY PROBLEM OR HABIT.

DEMONS COME OUT IN JESUS' NAME. IT'S FREE.

SAY THIS PRAYER BEFORE YOU KICK OUT ANY DEMONS.

#### BEFORE DELIVERANCE PRAYER

Father, I come before you in JESUS' name, and I thank you for giving me all power and all authority over all demons. I cover myself in the blood of JESUS. I cover all my family members in the blood of JESUS. I thank you for your giant warring angels that are surrounding us, protecting us from all harm of the enemy. I take my authority and I attack from the third Heaven, and I bind the strongman over my mind, will, emotions, and over my home, in JESUS' name. I command you to leave this area now in JESUS' name. I bind up every demon that was sent to me, transferred to me, or followed me, and I command you to come out of my conscious, subconscious, unconscious mind, all parts of my body, will, emotions, and personality, in JESUS' name.

#### ANOTHER SAMPLE PRAYER BEFORE DELIVERANCE

Dear God, in the name of Jesus:



According to Romans 10:9 I confess with my lips that JESUS is Lord and in my heart I believe that You raised him from the dead. According to Luke 13:3 I repent of my past sins and I admit and confess that I have sinned and I believe that You are faithful and just to cleanse me from all unrighteousness. I call upon You, Lord JESUS to cleanse me from all sin and unrighteousness by Your Blood (1 John 1:7). And as Your word says in Romans 10:13 Everyone who calls upon the name of the Lord will be saved.

I confess and repent of occult practices such as (witchcraft, fortune telling, horoscopes, astrology, water witching, etc.)

I renounce all occult practices and satan and break all curses associated with those occult practices. According to Galatians 3:13 Christ purchased our freedom [redeeming us] from the curse [doom] of the Law [and its condemnation] by [Himself] becoming a curse for us, for it is written [in the Scriptures],  
Cursed is everyone who hangs on a tree (is crucified); Deut. 21:23.

I confess and repent of all sins listed in Deuteronomy 27 and 28 and break the curses associated with these sins.

I confess and repent of my iniquities and my father's iniquities according to Leviticus 26:40 and I break the curses associated with these iniquities.

I break and loose myself from all evil soul ties with my mother, father, brother, sisters, spouses, former spouses, former sex partners, pastors, churches, friends, etc.

Lord JESUS: I forgive my mother, father, brothers, sisters and anyone else who has ever hurt me, including all whites, blacks, indians, etc. Matthew 6:15, 18:21, 22, 35; Luke 11:4 (Lord's prayer).

I break and loose myself and my family from all curses that have been and are being placed upon me and my family, including any demons being sent to us: curses of witchcraft, psychic thoughts or prayers, ungodly intercessory prayers; all words spoken in anger, hurt, sorrow, or bitterness; all incense being burned for or against us, in JESUS' name. AMEN!

Iniquities are like the sins of the fathers.

### INIQUITIES

Leviticus 26:40 But if they confess their own and their fathers' iniquity in their treachery which they committed against Me - and also that because they walked contrary to Me

41 I also walked contrary to them and brought them into the land of their enemies - if then their uncircumcised hearts are humbled and they then accept the punishment for their iniquity,

42 Then will I [earnestly] remember My covenant with Jacob, My covenant with Isaac, and My covenant with Abraham, and [earnestly] remember the land.

A. Confess

B. Repent

C. Ask forgiveness OF:

1. Own iniquities

2. Ancestors' iniquities going back 4 generations (or further as the Lord gives discernment)

3. Spouses, former sex partners, and their ancestors' iniquities going back 4 generations

PRAYER:

CONFESSION

Heavenly Father, I confess my iniquity of \_\_\_\_\_

I confess on behalf of my ancestors going back 4 generations their iniquity of \_\_\_\_\_  
I confess on behalf of my spouse and my previous spouses and former sex partners and their ancestors going back 4 generations, for their iniquity of \_\_\_\_\_

#### REPENTANCE

I repent of my iniquity of \_\_\_\_\_. I repent on behalf of my ancestors, spouse, previous spouses and former sex partners and their ancestors going back 4 generations, for their iniquity of \_\_\_\_\_

#### FORGIVENESS

Lord, I ask your forgiveness for my iniquity of \_\_\_\_\_. I ask your forgiveness on behalf of my ancestors, spouse, former spouses and former sex partners and their ancestors going back 4 generations, for their iniquity of \_\_\_\_\_.

#### SOUL TIES

I break all evil soul ties with these people in JESUS' name

#### CURSES

Exodus 20:5 and 34:7

Numbers 14:18

Deuteronomy 5:9; 11:26-28; 23; 27 and 28

Malachi 3:9

Confess, repent and ask for forgiveness of sins and iniquities.

Upon the authority of JESUS Christ, which I have as a Believer, and in the Name of JESUS and by the Power of His Blood I break the power of every curse due to sins and iniquities of drunkenness, adultery, godlessness, faithlessness, idolatry, etc.

committed by:

ME

My Mother and Father (Name each)

My Aunts and Uncles (Name each)

(and all spouses and former sex partners)

All ancestors going back through the generations to Adam AND Eve.

I break the power of each one of these curses due to:

sins of drunkenness, etc.

as they fall upon:

ME

My wife or husband (Name)

Our children (Name each)

as they fall upon:

Former sex partners and their spouses and children and ancestors

as they fall upon:

My mother and father (Name each)

My brothers, sisters (Name each)

My Aunts and Uncles (Name each)

My Cousins, their spouses and children (Name each)

By the power of the Blood of JESUS, I declare each of these curses due to sins of drunkenness to be broken and now powerless and of no effect, according to Galatians 3:13

I command all demons associated with these curses to come out in the Name of JESUS.

#### WEATHER DEMONS

Believe it or not, but foul weather can be caused by demons, which means we have authority over them in that area too. Time and time again, we have prayed against the severe weather, and it either stops in its tracks or heads the other way. It must be noted, however, that if God wants to allow your neighbors property to be damaged, the storm will come through, but your property can be safeguarded, IF you are right with the Lord.

Job 1:19 tells us of a great whirlwind from the desert that killed Job's children.

Acts 27:14 tells us of a typhoon type wind that came upon Paul at sea.

In the Name of JESUS, I bind all demons that cause hail, excess heat and cold, lingering dunes, fire, earthquakes, tornados, lightning, damaging winds, floods, hurricanes, bad weather of all kinds. I bind CHANGO, OXUN, EUROCLYDON, BAAL, SEIR, LEVIATHAN, HADADRIMMON, AMURR, BASILISK, and all others. Father, I ask you to send your warring angels (Matthew 26:53) into the heavenlies to do battle with these demons, to knock them off their thrones, take their crowns from their heads, and to write on their foreheads that they have been defeated by the Lord JESUS Christ. Father, I ask that you send the warring angels to block these demons from coming into our city, state, or county. I ask for warring angels to be placed around our property and home for protection from these demons. In JESUS Name, I cover my property, home, possessions and family in the Blood of JESUS. Amen.

#### SOME WEATHER DEMONS BY NAME

CHANGO - (prince) controls thunder, lightning, fire.

OXUN - god of thunder and lightning.

EUROCLYDON -east wind (Acts 27:14) Levant - a surge of the sea, raging, wave

BAAL - god of thunder

SEIR - prince

LEVIATHAN - Job 41:1; Psalm 74:14; Psalm 104:26; Isaiah 27:1

HADADRIMMON - west semitic storm-god, thunder

AMURR - amorite storm god

HURRICANE - means god of evil

TORNADO

HAIL

LIGHTNING

FLOODING

WIND

FIRE

EARTHQUAKE

BASILISK

### SENDING THE JUDGMENT OF GOD

These Scriptures, Deuteronomy 30:7, Psalm 109, 140, and Isaiah 54:17 are just four of many Scriptures that offer us some protection against people coming against us.

I personally know of a number of people who came against me, and met with terrible judgment from the Lord. One man use to make fun by saying frequently, seen any demons lately?, with a laugh. He unexpectedly was fired from his job, his wife divorced him, he was in an auto wreck that almost killed him, he turned into an alcoholic, and had a massive heart attack. A previous employer who tried to wrongly fire me lost a multi-million dollar contract for interfering with God's work. I've heard or read testimonies from some of you where God has intervned or judged on your behalf.

These kinds of things happen to people all the time. Sometimes it happens real quick, and sometimes it takes days, weeks, months, or even years before the judgment of God falls on them. If you are under a lot of attack, you may want to specifically pray these scriptures against someone. It is God's business when and how he deals with that person. If the person is innocent, nothing will happen to them. I make it a point to warn people, especially about Psalm 109, so they don't make fun or mock God's ministry of DELIVERANCE.

This is not practicing witchcraft. We do not pray for bad things to happen to people. We rightfully pray to God. Once we have done this, it is God's business how he handles it.

I believe a person can avoid the judgment of God in these matters by repenting. The scriptures say, My people are destroyed for lack of knowledge.

Unfortunately, in my experiences, not having the knowledge of DELIVERANCE, did not keep the bad things from happening to people who came against me.

Pray - Father, in the name of JESUS I send the judgment of God to (name names). I pray Deuteronomy 30:7, Psalm 109 and 140, Isaiah 54:17, and any like Scriptures on them, and anyone else coming against us, in the name of JESUS.

### ANOTHER ANTI-WITCHCRAFT PRAYER

Father, In JESUS Name, I break and loose myself from all witchcraft curses and evil and demons being

sent to me and my family. As your war club (Jeremiah 51:20-23) and weapons of war, I break in pieces the walls of protection that the satanists and witches have put up and I return the evil and demons back to them. Exodus 22:18 I send the judgment of God to the satanists and witches sending anything our way, in JESUS Name. I heap coals from the altar of God upon their foreheads in JESUS Name. I cover me and my family with the Blood of JESUS and ask for warring angels to be placed around us for protection. I break and loose us from psychic power, thoughts and prayers. I break and loose us from words spoken in hurt, anger, sorrow or bitterness. I break and loose us from the power of incense and candles being burned on our behalf. I break and loose us from ungodly intercessory prayers in JESUS Name. Amen.

#### FINANCES

Father, In JESUS Name, I bind all demons that would cause me to have job failure or money failure. I bind all demons that would keep me from receiving all money, possessions, inheritance, jobs, promotions, bonuses or raises that are rightfully mine. In JESUS Name, I command the demons to return these to me sevenfold. Father, I ask that you send your angels out to gather these and bring them to me in JESUS Name. I loose the blessings of Deuteronomy 28 upon me in JESUS Name. Amen. (Note: having unicorns in your home or an Italian Horn can cause finance problems. This can be statues or anything else.)

#### HEALTH

Father, In JESUS Name, I bind all demons of infirmity, sickness, disease, illnesses of all kinds. I loose myself from these demons and I loose the healing virtue of JESUS Christ into my body. (Be sure and cast out all of these demons).

#### SLEEP

Father, In JESUS Name, I bind all demons of the night, nightmares, bad dreams, torment, sleeplessness, torture. I command these demons to loose me and come out of me, and I ask that you protect my mind while I sleep, in JESUS Name.

#### SPIRITUAL WALK WITH THE LORD AND ANOINTING

Father, In JESUS Name, I ask for wisdom, knowledge, and understanding of Your Word. I loose the sevenfold Spirits of God in me in JESUS Name.

Be sure to anoint your home. Include all doors and windows, and bind the demons and command them to leave. You can do this in your office also.

# **SPIRITUAL WARFARE PRAYERS from the Moody Deliverance Manual**

## WARFARE AGAINST TERRITORIAL SPIRITS

### SCRIPTURE FOR PREPARING OURSELVES FOR WARFARE

Josh. 1:7-9 Only be thou strong and very courageous.

Neh. 1:4-7 Confess the sins of the children of Israel which we have sinned.

Prov. 28:13 Whoso confesseth and forsaketh them shall have mercy.

Dan. 9:3-6 We have sinned, and have committed iniquity, and have done wickedly.

Matt. 16:23 Get thee behind me, Satan: thou art an offence unto me.

Matt. 17:18-21 Howbeit this kind goeth not out but by prayer and fasting.

Matt. 18:32-35 If ye from your hearts forgive not every one his brother.

Luke 13:11-17 Whom Satan hath bound, lo, these eighteen years, be loosed.

I Cor. 3:16-17 If any man defile the temple of God, him shall God destroy.

I Cor. 12:8-10 To another discerning of spirits.

I Pet. 5:8-9 Walketh about, seeking whom he may devour.

I John 2:13-16 Lust of the flesh, lust of the eyes, and pride of life.

Rev. 20:1-3 That he should deceive the nations no more.

### OVERALL FOR PREPARING OURSELVES FOR WARFARE

1. Be led by the Holy Spirit after you have prepared yourself.
2. Summary: Leader: Teach - Minister - Counsel then Congregation: Self Discipline - Continue in Deliverance
  3. Six Basic Steps To Your Deliverance
    - 3.1 Identify your problems.
    - 3.2 Forgive, pray and get yourself right with God.
    - 3.3 Break the curses and soul ties on you and your descendants.
    - 3.4 Cast out your demons.
    - 3.5 Pray for healing of your soul and body.
    - 3.6 Discipline your life by changing your way of thinking and acting.
  4. Basis for Deliverance
    - 4.1 Pray deliverance prayers.
    - 4.2 Break away from ungodly people, religions, and organizations.
    - 4.3 Break curses, soul ties, and demonic ties.

## 5. Ministry

5.1 Cast out demons.

5.2 Loose Godly spirits.

5.3 Read deliverance scripture.

6. Make positive confessions to God with His help.

7. Pray for healing of soul and body.

8. Five Steps To Cleaning Your House

8.1 Seven-way prayer of forgiveness - you forgive your ancestors, descendants and others; ask God to forgive and bless them. Ask God to forgive you; you forgive yourself for sins against your body. Ask forgiveness for spiritual adultery.

8.2 Break curses and soul ties from others (ancestors) and to others (descendants); break curses of psychic or Catholic prayers.

8.3 Clean out house of those objects or exorcise objects (you do this).

8.4 Anoint house with oil and cast evil spirits out of house (you do this).

8.5 Cast demons out of people that came in thru curses (optional); for mass deliverance, see Cursed Objects and Demon Infestation.

9. Clean your house and possessions of cursed objects.

10. Discipline your soul and body.

11. Continue study and practice of deliverance.

12. Continue to gain freedom and strength.

### SCRIPTURE FOR WARFARE IN THE HEAVENLIES

Matt. 10:1 Power against unclean spirits, to cast them out.

Matt. 12:24-29 First bind the strong man and then we will spoil his house.

Matt. 16:18-19 And I will give unto thee the keys of the kingdom of heaven.

Matt. 28:18-20 All power is given unto me in heaven and in earth.

Mark. 11:22-23 He shall have whatsoever he saith.

Mark. 16:15-20 In my name shall they cast out devils.

Luke 9:1-2 Power and authority over all devils.

Luke 10:17-20 Even the devils are subject unto us through thy name.

Luke 11:21-22 He taketh from him all his armor wherein he trusted.

II Cor. 2:10-11 We are not ignorant of his devices.

II Cor. 4:3-4 God of this world hath blinded the minds of them which believe not.

II Cor. 10:3-6 Mighty through God to the pulling down of strong holds.

Eph. 1:19-23 Far above all principality, power, might, dominion and every name.

Eph. 2:6 Made us sit together in heavenly places in Christ Jesus.

Eph. 6:10-18 Against principalities, powers, rulers of the darkness of this world, spiritual wickedness in high places.

Col. 2:15 Having spoiled principalities and powers.

Heb. 1:13-14 Sent forth to minister for them who shall be heirs of salvation.

I John. 3:8 That he might destroy the works of the devil.

I John. 5:18-19 The whole world lieth in wickedness.

### OVERALL FOR WARFARE IN THE HEAVENLIES

1. We wrestle against spiritual forces not against flesh and blood.
2. This is an organized kingdom with delegated authorities, world rulers and wicked spirits.
3. We must sound the trumpet, clothe ourselves for battle, take up our spiritual weapons, know our enemy, and attack.
4. Satan has limitations, methods of attack, and schemes. He tempts us, accuses us, and deceives us.
5. Methods for disarming the strong man include researching the past, repenting of all sins, forgiving all others, recognizing God's purpose, ministering with compassion, praying with all prayer, and speaking to the mountain.
6. The boot camp of spiritual warfare is in our local churches, working with the sheep, and ministering deliverance to them one by one.
7. Ground level warfare is casting demons out of people. Strategic level warfare is coming against territorial spirits.
8. God sets the battle plan.
9. We have the authority to pull down strongholds. It was given to The Twelve, The Seventy, and to The Church.
  10. The warfare should be led by those who have spiritual jurisdiction over their territory.
  11. We should pull down strongholds. We should bind and loose.
  12. Christ's Church, through the exercise of her authority, can change the course of history.
  13. You should continue in spiritual warfare until victory comes. Be prepared to wrestle with the enemy. Keep your faith. Remain steadfast in prayer and spiritual warfare.
  14. Our strength in the Lord is derived through spiritual exercises: daily prayer and Bible Study, fasting, fellowship with other believers, praise, worship, our testimony, and walking in holiness.
  15. We are dealing with principalities, powers, rulers of the darkness of this age, and spiritual host of wickedness in the heavenlies.
  16. Wickedness includes perverseness, greed, witchcraft, occult, cults, false religions, New Age Religion, etc.
  17. We must forgive everyone no matter what they did to us.
  18. We must sanctify ourselves as individuals, and cleanse the Church corporately.
  19. After we have cleansed ourselves, we simply speak to the principalities and powers in the authority of Jesus' Name.
  20. Put aside jealousy, doctrinal questions, and other factors that separate Christians and churches from



each other. Pull down ignorance, fear, and prejudice.

21. Help those who are bound by blindness, disease, poverty, and fear in the mental, physical, spiritual, and material areas.

DECLARATION AGAINST EVIL - Lead the congregation through this declaration.

SPIRITUAL WARFARE IN THE HEAVENLIES - Lead the congregation through these commands.

TACTICS TO WIN THE WAR AGAINST SATAN Lead the congregation through these prayers and commands.

#### APPLICATION OF SPIRITUAL WARFARE

1. Personalize commands for Bill and Peggy Goodson, and Jim and Mildred Coffey.
2. Personalize commands for Lake Hamilton Bible Camp: those who live here, work here, minister here, and come here to be ministered to.
3. Personalize commands for families, churches, ministries, counties, cities, nation, and world.
4. Cast out demons of infirmity spirits, and drug and medicine spirits.
5. Cast out infirmity spirits in Bill Goodson of pneumonia, heart attack, fluid in lungs, brain damage, drugs / medicines, and attack on organs and systems of the body.

#### REFERENCES

1. Our Warfare Against Demons and Territorial Spirits by Frank D. Hammond
2. The Saints At War - Spiritual Warfare Series Volume I by Frank D. Hammond

#### SPIRITUAL WARFARE IN THE HEAVENLIES

Far above all principality, and power, and might, and dominion, and every name that is named, not only in this world, but also in that which is to come (Eph. 1:21).

And hath raised us up together, and made us sit together in heavenly places in Christ Jesus (Eph. 2:6).

For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. (Eph. 6:12)

Behold, I give unto you power to tread on serpents and scorpions, and over all the power of the enemy: and nothing shall by any means hurt you (Luke 10:19).

Seated in heavenly places, far above evil, having power over the enemy, we bind and cast down the demonic chain of command: Might, Thrones, Nobles, Kings and Princes over Kingdoms, Principalities, Dominions and Powers, Generals, Rulers, Captains, Centurions and Strongmen, Rulers of Darkness of this World and Spiritual Wickedness in High Places.

We send legions of warring angels to attack. We lose the powers of God to do a mighty battle. We bind every force of evil and loose every force of good that we have the power and authority to do so. We break curses, vexes, hexes, spells and demonic ties.

We use every verse in the Holy Bible that wars against the demonic forces. We bind and loose spirits.

We command civil war in Satan's Kingdom. We loose the Love of God, Price that Jesus Paid, Holy Spirit, Word of God, Blood of Jesus and Cross of Jesus against the forces of evil. All these things we do in the name of Jesus Christ, our Lord, Master and Savior, and for the Holy Trinity.

## DECLARATION AGAINST EVIL

Ye that love the Lord, hate evil: he preserveth the souls of his saints; he delivereth them out of the hand of the wicked.

Ps. 97:10

Through thy precepts I get understanding; therefore I hate every false way. Ps. 119:104

Hate the evil, and love the good, and establish judgment in the gate: it may be that the Lord God of hosts will be gracious unto the remnant of Joseph. Amos 5:15

I hate everything that God hates.

I hate sin and iniquity.

I hate Satan, demons and evil forces.

(The opposite of this declaration is that you love the above.)

## TACTICS TO WIN THE WAR AGAINST SATAN

### Scripture

Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father. (John 14:12)

### Opening Prayers

Forgive us for failure to align ourselves perfectly with God's will, known sin and rebellion, emotional stress and trauma, submissions to an ungodly cover, inherited curses, worldly art and music, ownership of unclean objects, failure to cleanse property and places; unforgiveness, idolatry or a lack of separation from the things of the world. We ask for forgiveness, confess contact with the occult, close doors to Satan, break curses, renounce psychic bondage, cut evil soul ties, loose the mind, restore the fragmented soul, confess sins of the fathers, surrender to Jesus, and renounce all evil.

### Commands

We return curses and demons back to the senders. We use our weapons against the kingdom of darkness. Satan we are closing every door that you may have opened in us from evil contacts. Jesus Christ became a curse on the cross for us and blotted out the handwriting of ordinances against us. We break the curses back to Adam and Eve, and destroy legal holds and grounds that the demons have to work in our lives.

We bind the spirits power and loose ourselves from their holds. We break demonic soul ties. We ask for the necessary spiritual gifts and especially the gift of discernment to minister to the people. We ask for the anointing of the Holy spirit and the authority of Jesus Christ. We have been given power and authority over Satan and his army.

We send angels with boxes to separately seal each demon in, chain and gag the demons, read scripture to the demons day and night, and fill the boxes with the Glory of God. We loose the angels to spin the demons minds round and round, to chase and harass, to bruise, crush and flatten the heads of the serpentine spirits, and to snip off the tails of the scorpion spirits.

We order the princes and rulers to be bound with chains and thrown down before the other spirits, and their foreheads to be written in red letters that Jesus Christ is my Lord. We command the lesser spirits to attack the traitors in the camp and throw them out. We release the spirit which attacked the

Midianites in Gideon's day.

We command the demon's answers to stand up in the Judgment We send the warrior angels with swords to chain the rulers and throw the fire of God on them. We ask that the demons be cut into pieces and scattered over the dry places.

You are defeated by Jesus and must obey His commands. We adopt each other as spiritual sons and daughters, and cover them with the Compassion and Love of God. We use love as a weapon. We command the demons to manifest only as God permits. We use tongues of men and angels to expel demons.

We bind powers over our area, break assignments from powers in the heavenlies to demons in the people, and ask for legions of covering angels for protection. We bind the strong man and his spirits in everyone.

The Lord Jesus rebuke you. We command that you confess that Jesus Christ is your Lord. We ask for the leadership of the Holy Spirit. We anoint with oil symbolic of the Holy Spirit. We intercede for our loved ones.

We command the ruling spirits to cast out their underlings. We command the angels to assist in the work of deliverance as directed by God.

We break evil curses, vexes, hexes, jinxes, psychic powers, bewitchments, potions, charms, incantations, spells, witchcraft and sorcery. We break all cords, snares, controls and bondages. We ask that the Power of God be manifested. We command the demons to go to Tartarus with the fallen angels, or wherever Jesus sends them.

We use the Name of our Lord Jesus Christ and cover us with the Blood of the Lamb. We agree with The Covenant of the Blood. We use the Psalms as imprecations and pronouncements against the enemies of God, and call down the wrath of God upon spiritual foes. We will sing songs about the Blood of Jesus. We command that every knee to bow and tongue to confess that Jesus Christ is Lord.

We come against unholy spirits, fallen angels, demons, devils, empire of evil, and the entire Kingdom of Satan in humans and animals. We come against Councils, Principalities, Powers, World rulers, and Wicked spirits in Heavenly Places. We come against Chiefs and Kings, Princes, Kingdoms, Dominions, Generals, Rulers, Captains, Centurions, Strongmen, and Imps.

#### Closing Prayers

We pray for healing from the works of the demons. We bind all remaining demons until they can be cast out or leave of their own accord. We ask angels to be stationed on our properties to guard us. We loose godly spirits from the Lord to operate in our lives. We agree to cleanse our beings, possessions and homes of unclean objects.

#### HOW TO PRAY AND WHAT TO PRAY FOR

I pray for my own particular needs: salvation of family members, finances, healing, etc.

I pray for the needs of others and any special requests that have come in.

I pray for the work of local churches and especially Manna Baptist Church.

I pray for prayer groups.

I pray for world revival.

I pray for Israel. Pray for the peace of Jerusalem: May they prosper who love you (Psa. 122:6).

I pray that God's people will be ready for Christ's Second Coming (II Cor. 11:2).

I pray for ministries training laborers for the harvest. Jesus said, Therefore pray the Lord of the harvest to send out laborers into His harvest (Matt. 9:38).

I pray for kings and all who are in authority (I Tim. 2:2) and for the leaders of my country, that they will be providentially guided in their decisions.

#### BY THIS I OVERCOME THE DEVIL

1. Through the Blood of Jesus, I am redeemed out of the hand of the Devil (Eph. 1:7).
  2. Through the Blood of Jesus, all my sins are forgiven (Psa. 107:2).
  3. The Blood of Jesus, God's Son, continually cleanses me from all sin (1 John. 1:7).
  4. Through the Blood of Jesus, I am justified, made righteous, just as if I'd never sinned (Rom. 5:9).
  5. Through the Blood of Jesus, I am sanctified, made holy, set apart to God (Heb. 13:12).
  6. My body is a Temple of the Holy Spirit, redeemed, cleansed, by the Blood of Jesus (1 Cor. 6:19-20).
  7. Satan has no place in, no power over me, through the Blood of Jesus and The Word of God (Rev. 12:11).
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1. In Him (Jesus) we have redemption (deliverance and salvation) through His blood, the remission (forgiveness) of our offenses (shortcomings and trespasses), in accordance with the riches and the generosity of His gracious favor. Which He lavished upon us in every kind of wisdom and understanding (practical insight and prudence) (Eph. 1:7-8).
  2. Let the redeemed of the Lord say so, whom He has delivered from the hand of the adversary (Psa. 107:2).
  3. But if we (really) are living and walking in the Light, as He (Himself) is in the Light, we have (true, unbroken fellowship with one another), and the blood of Jesus Christ His Son cleanses (removes) us from all sin and guilt (keeps us cleansed from sin in all its forms and manifestations) (1 John. 1:7).
  4. Therefore, since we are now justified (acquitted, made righteous, and brought into right relationship with God) by Christ's blood, how much more (certain is it that) we shall be saved by Him from the indignation and wrath of God (Rom. 5:9).
  5. Therefore, Jesus also suffered and died outside the (city's) gate in order that He might purify and consecrate (sanctify) the people through (the shedding of) His own blood and set them apart as holy (for God) (Heb. 13:12).
  6. Do you not know that your body is the temple (the very sanctuary) of the Holy spirit Who lives within you, Whom you have received (as a Gift) from God? You are not your own. You were bought with a price (purchased with a preciousness and paid for, made His own). So then, honor (your) God and bring glory to Him in your body (1 Cor. 6:19-20).
  7. And they have overcome (conquered) him by means of the blood of the Lamb and by the utterance of their testimony, for they did not love and cling to life even when faced with death (holding their lives cheap till they had to die for their witnessing).

## PRAYER OF THANKSGIVING

Our Dear Heavenly and Gracious Father, thank you for divine health: mental, physical, spiritual and material for us.

Thank you for all blessings known and unknown, and for showering down blessings on us so great that we can not receive them. Thank you for the complete restoration of our bodies. For its in Jesus Name we pray. Amen.

## PRAYER AT THE BREAKFAST TABLE

Our Dear Heavenly and Gracious Father, thank you Lord for a good day, for protecting us against powers, principalities, evil forces in this world and spiritual wickedness in high places. Now Lord, we apply the blood over and bind Satan away from us, Marie, Nathan, Nat and Natasha, our jobs and our clients, Manna Baptist Church, Lake Hamilton Bible Camp, Chapel on the Campus, A & E Testing, our possessions and everything that we have any part in. Lord send your angels to minister unto us, build a ring of Holy Ghost Fire around us and cover us with Your Blood. We pray for the United States of America and Israel, the Christians and the Jews, the churches that worship Jesus in spirit and truth.

We ask for courage, understanding, wisdom and strength. We pray especially for the leaders and ask a double portion for our families. We ask divine favor with You in accordance with the Holy Word of God, with each other and those we come into contact with today. We confess that this is the day that the Lord has made. We will rejoice and be glad in it for God has not given us a spirit of fear but of power, love and a sound mind. He that is in us is greater than he that is in the world. If God be for us, who can be against us? You have given us power over all the power of the enemy and we intend to exercise it by the leadership of the Holy Spirit. Now Lord, we ask that you lead, guide, direct and protect us. Let us walk in your perfect will; we yield ourselves to you today. We thank you for our food, clothing and shelter, for everything that you have done for us known and unknown. We ask you to bless this food to our bodies, purify and cleanse it so that our temples will be fit for the Holy Spirit to reside in. All these things we ask in the Blessed Name of Jesus Christ, our Lord, Master and Savior.

Amen.

## PRAYER FOR THE DAY

Dear Lord, we ask you to forgive us of our sins, teach us and show us so that we will be pleasing in your sight. We pray for ourselves, Marie, Nathan, Nat and Natasha, this day and the leadership of the Holy Spirit. We thank you for each other, this day and most of all for You. We pray for our relatives and friends, our Christian brothers and sisters.

We pray for those who labor in the field of deliverance, for their families, churches and ministries that You would give them a triple-fold portion of courage, understanding, wisdom and strength. We pray for the Army of the Lord that it would grow strong and mighty and be valiant and do exploits in the Name of Jesus Christ. We pray that deliverance would come to the forefront of Christianity. We pray for those that we have ministered to, for their families, churches and ministries that they would go on with the Lord. We pray for all men everywhere that they would come into the saving knowledge of Jesus Christ.

We pray for Manna Baptist Church: Butch and Lois; Lake Hamilton Bible Camp: Glen and Erma;

Chapel on the Campus: Donald and Mary. We pray for the five-fold ministry, for their families, churches and ministries. We pray for A & E Testing and for our business. We pray Your Blessings on these. We bind up all powers, principalities, evil forces in this world and spiritual wickedness in high places. We lose the powers of God: warring angels, ministering angels, Holy Spirit and the Seven-Fold Spirit of God to come down and do a mighty battle on earth today. We bind up every force of evil and loose every force of good that we have the power and authority to do so in Jesus' Name. We thank you Lord for power and authority over the enemy, and the use of the Name of Jesus Christ for its in His

Name we pray. Amen.

### PRAYER IN A RESTAURANT

Our Dear Heavenly and Gracious Father, thank You Lord for this food. Bless, purify and cleanse it so that we can be fit temples for the Holy Spirit to reside in. We break any curses on it and eat it with thanksgiving. For it's in Jesus' Name we pray. Amen.

### THE LORD'S PRAYER

Our Father which art in heaven, Hallowed be thy name.

Thy kingdom come, Thy will be done in earth, as it is in heaven.

Give us this day our daily bread.

And forgive us our debts, as we forgive our debtors.

And lead us not into temptation, but deliver us from evil:

For thine is the kingdom and the power, and the glory, for ever. Amen.

### SCRIPTURE FOR GENE, EARLINE, BYRON AND MARIE

Byron Accepted Christ Through This Scripture And It Is On His Monument

Even a child is known by his doings, whether his work be pure, and whether it be right. Prov. 20:11

Gene Accepted Byron's And Earline's Death Through This Scripture

And we know that all things work together for good to them that love God, to them who are the called according to his purpose. Rom. 8:28

This Is Gene's Vow To God With His Help

For there are some eunuchs, which were so born from their mother's womb: and there are some eunuchs, which were made eunuchs of men: and there be eunuchs, which have made themselves eunuchs for the kingdom of heaven's sake. He that is able to receive it, let him receive it. Matt. 20:12

This Is Gene's Motto And It Is On His Monument

And as ye go, preach, saying, The kingdom of heaven is at hand. Heal the sick, cleanse the lepers, raise the dead, cast out devils: freely ye have received, freely give. Matt. 10:7-8

This Is Earline's Motto And It Is On Her Monument

Rejoice in the lord alway: and again I say, Rejoice. Phil. 4:4

The Great Commandments

Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind.

This is the first and great commandment. And the second is like unto it, Thou shalt love thy neighbor as thyself. Matthew 22:37-39

The below Warfare prayer was put together by a woman who was fighting against eating disorder demons:

### DECLARATIONS OF FAITH

I COMMAND MY BODY TO WEIGH \_\_\_\_ LBS. I COMMAND EVERY CELL TO FUNCTION IN WHOLENESS. EVERY BIOGENETIC CURSE OF ADDICTION IS BROKEN. MY DNA IS CORRECT AND FUNCTIONS IN LINE WITH GOD'S WORD. EVERY GENERATIONAL CURSE OF OBESITY AND ALL OTHER CURSES AFFECTING MY WEIGHT ARE BROKEN.

I COMMAND EVERY SPIRIT OF GLUTTONY, BULEMIA, ANEXORIA, SUGAR ADDICTION, OVER-INDULGENCE, COMPULSION, ADDICTION, CRAVING, LACK OF SELF CONTROL, ANXIETY, DEPRESSION, ANGER, UNWORTHINESS, DEFORMITY, UNBELIEF, DEPRESSION, OPPRESSION, SELF-HATRED, HATRED OF MY BODY, UGLINESS, REJECTION, REBELLION, INCONSISTENCY, DECEPTION, FAILURE, FEAR, INTIMIDATION AND ALL OTHER CONNECTED AND RELATED SPIRITS NOT OF THE LORD JESUS CHRIST TO COME OUT NOW IN THE NAME AND BY THE BLOOD OF JESUS CHRIST. YOU ARE NOT ALLOWED TO DWELL IN, AROUND OR ATTACH TO ME IN ANY WAY. IT IS FINISHED. BE GONE, NOW.

MY BODY IS WHOLE AND HEALTHY. I EAT HEALTHY FOOD. I EXERCISE PHYSICALLY, MENTALLY, SPIRITUALLY AND EMOTIONALLY ON A LEVEL OF MAXIMUM EFFICIENCY. I AM NOT MOVED BY WHAT I SEE FOR FAITH IS THE SUBSTANCE OF THINGS HOPED FOR BUT NOT YET SEEN. I CAN DO ALL THINGS THROUGH CHRIST WHO STRENGTHENS ME. I LOVE AND RESPECT MY BODY AND CALL IT HOLY AS THE LORD MY GOD IS HOLY.

METABOLISM, GLANDULAR, BLOOD SUGAR LEVELS, RESPIRATORY, CARDIOVASCULAR, DIGESTIVE, NEURO-MUSCULAR, ALL SYSTEMS OF MY BODY, EVERY CELL, EVERY ORGAN FUNCTIONS AS THEY WERE CREATED TO IN PERFECT HARMONY AND BALANCE.

I WALK IN THE WHOLENESS OF JESUS CHRIST. I HAVE OUTWARD AND INWARD BEAUTY. THE BEAUTY OF CHRIST RADIATES FROM MY VERY PRESENCE. THE JESUS THAT IS IN ME IS BEAUTIFUL AND THE FRAGRANCE OF THE LORD FOLLOWS ME WHEREVER I GO. I AM THE BRIDE OF CHRIST, PURE. SPOTLESS AND BLAMELESS BEFORE HIM.

THE FAVOR OF THE LORD RESTS UPON ME AND IS UNCONDITIONALLY ABOUNDING TOWARD ME IN EVERY SITUATION AND CIRCUMSTANCE. GOD AND MAN LOVE AND ACCEPT ME. I AM ACCEPTED IN THE BELOVED.

JESUS HAS PLANS AND A HOPE FOR MY FUTURE, AND I WILL FULLFILL EVERY INCH EVERY CENTIMETER OF WHAT HE HAS FOR ME. SATAN IS BOUND FROM INTERFERING WITH THE DIVINE PATH OF DESTINY THE LORD JESUS CHRIST HAS CALLED ME TO. I WILL NO LONGER LET FEAR, INTIMIDATION, REJECTION OR ANY OTHER THING STAND IN MY WAY.

I RUN THE RACE WITH A VICTORS CROWN ON MY HEAD AND FEET THAT ARE SWIFT TO REACH THE HIGH CALLING GOD HAS PLACED UPON MY LIFE. I WALK ON HIGH PLACES IN THE POWER OF THE HOLY SPIRIT WHO RESIDES BIG IN ME.

I AM VIOLENTLY AND FORCEFULLY TAKING BACK EVERYTHING THE ENEMY HAS STOLEN FROM ME. ALL OF SATAN'S PLANS AND ASSIGNMENTS ARE CANCELLED. I AM FULLY EQUIPPED AND EQUIPPING OTHERS IN THE ART OF WARFARE. THE HIGH PRAISES OF GOD ARE UPON MY LIPS. I STAND WITH A TWO EDGED SWORD IN MY HAND SLICING INTO AND PUSHING BACK THE FORCES OF DARKNESS. THE WEAPONS OF MY WARFARE ARE NOT CARNAL BUT MIGHTY THROUGH GOD TO THE PULLING DOWN OF SRONGHOLDS. I AM SHARPENED AS IRON SHARPENS IRON.

I HAVE THE MIND OF CHRIST AND HOLD THE THOUGHTS FEELINGS AND INTENTIONS

OF HIS HEART. I TAKE EVERY THOUGHT CAPTIVE TO THE OBEDIENCE OF CHRIST JESUS MY LORD. EVERY FIREY DART DIRECTED AT MY MIND IS QUENCHED BY THE SHIELD OF FAITH. I DO NOT ENTERTAIN VAIN IMAGINATIONS. I THINK ONLY ON THE GLORIOUS AND LOVELY THINGS.

THE WORDS OF MY MOUTH ARE WORDS THAT ARE CREATIVE AND BRING LIFE TO ALL WHO HEAR THEM. HE HAS ANNOINTED ME TO HEAL THE BROKEN HEARTED AND SET THE CAPTIVES FREE. I AM MORE THAN A CONQUERER BY THE WORD OF MY TESTIMONY AND THE BLOOD OF THE LAMB.

I AM FULLY ANNOINTED. I AM A CHOSEN ONE. I AM A GENERAL WITH THE HIGHEST RANKING IN THE LORD'S ARMY. WHEN I PRAY DEMONS TREMBLE AND CANNOT REMAIN IN MY PRESENCE FOR I AM PURE TERROR AND DREAD TO THE ENEMIES CAMP. DEMONIC SPIRITS RUN AND FLEE AS I APPROACH AND DO NOT MANIFEST IN MY PRESENCE. I AM THE WALKING TALKING WORD OF GOD IN HUMAN FORM. THE RESSURECTION POWER OF CHRIST RESIDES IN ME. SIGNS AND WONDERS FOLLOW ME AND I WILL DO GREATER WORKS THAN THESE BECAUSE JESUS SAID I COULD AND I WILL.

THE LOVE OF GOD IS SHED ABROAD IN MY HEART FOR ALL MEN. GOD'S LOVE FOR ME IS UNCONDITIONAL. GOD IS CONTINUALLY POURING OUT FAVOR AND BLESSING UPON MY LIFE AND THE LIVES OF MY FAMILY MEMBERS. WE LIVE IN THE PROSPERITY AND WISDOM OF SOLOMON, THE FREEDOM AND FAVOR OF DAVID AND THE FAITH OF ABRAHAM OUR FOREFATHER.

GOODNESS AND MERCY FOLLOW US AS THE ANGELS OF THE LORD GOD PROTECT AND ENCOURAGE US AT EVERY TURN. WE HEAR THE VOICE OF THE LORD. DIVINE APPOINTMENTS, FRIENDSHIPS, BUSINESS OPPORTUNITIES, MINISTRY CONNECTIONS, MENTORS AND HIGHER LEVELS OF WISDOM, REVELATION AND UNDERSTANDING COME TO US. FINANCES AND RESOURCES FLOW TO US EASILY AND WITHOUT INTERRUPTION. THEY FLOW LIKE THE RIVER OF GOD

WE UNDAMN ANY UNGODLY BLOCKAGES FROM RECEIVING WHAT THE LORD IS TRYING TO GET TO US. MY FAMILY AND I ARE POSITIONED FOR THE PURPOSES OF THE LORD JESUS CHRIST. WE ARE IN THE RIGHT PLACES AT THE RIGHT TIMES. NO WEAPON FORMED AGAINST US PROSPERS AND EVERY TONGUE THAT RISES AGAINST US THOU SHALL CONDEMN. WORD CURSES OF OTHERS SHALL BEAR NO FRUIT IN OUR LIVES. THEY ARE RETURNED IMMEDIATELY TO THE DEMONIC SOURCE FROM WHERE THEY CAME. WE ARE FREE FROM ALL CURSES FOR JESUS CHRIST BECAME A CURSE FOR US AT CALVARY.

THEREFORE, WE ARE ABUNDANTLY SUPPLIED, DIVINELY HEALTHY, COMPLETELY BEAUTIFUL, AND FULLY RESTORED. WE ARE WHOLE AND THRIVING AS A TREE PLANTED BY THE DIVINE WATERS OF LIFE. JESUS IS THE WAY THE TRUTH AND THE LIFE. WE ABIDE IN THE LORD JESUS CHRIST AND ARE FRUITFULL.

WE HAVE A JOSHUA CALEB SPIRIT AND SEE THAT ALL THINGS ARE POSSIBLE FOR US BECAUSE WE BELIEVE. WE GO FORWARD AND POSSESS THE PROMISED LAND BY THE POWER OF YOUR MIGHT. IT IS NOT BY OUR MIGHT OR BY OUR POWER BUT IT IS BY YOUR SPIRIT. WE SEE THE HEAVENLY GATES OPENING TO US AS WE USE THE KEYS TO THE HOUSE OF DAVID AND ENTER INTO THE MANSION OF YOUR HOLY PRESENCE AND THE THRONE ROOM OF YOUR GLORY. HOLY HOLY HOLY IS THE LORD GOD ALMIGHTY. ALL GODS PROMISES ARE YES AND AMEN.



## Put on the Armor of God (Ephesians 6:10-18)

1) I place around my waist the belt of truth. I will know the truth and the truth will make me free. I am free because whoever the Son sets free is free indeed. I am free from (say whatever you have been set free from). I am a Son/Daughter of God. The Holy Spirit guides me into all truth. He will guide me with His eye. I have the wisdom and knowledge of God. The Holy Spirit will instruct me in the way I should go. 2) I put on the breastplate of righteousness. Because of the cross Jesus has placed on me a robe of righteousness, I am the righteousness of God. I plead the blood of Jesus over myself today. Forgive me of my sins this day. Convict me Holy Spirit of any wrong and search my heart of any secret sin. The righteous are as bold as a lion. I thank you for boldness to do your will today. Help me to speak your word with great boldness. I am established today in your righteousness. 3) My feet are shod with the preparation of the gospel of peace. Help me to be prepared to give my testimony today. I thank you that you have made a covenant with me that your laws and your words are written on my heart and in my mind. You said that you put your words in my mouth. Let my life reflect the gospel of peace. Send someone across my path to share the gospel with today. Use me Lord to bless someone today. 4) I take up the shield of faith which quenches every fiery dart of the enemy. Faith is the victory that overcomes the world. I am an over comer in you. I can do all things through Christ who strengthens me. I thank you for my angels. I have an angel of the Lord that encamps around about me. I am protected from the evil one and delivered from the evils of this present world. 5) I place on my head the helmet of salvation, the hope of glory. I have the mind of Christ and no weapon formed against my mind will prosper. I think on things which are good, pure, perfect, lovely, and of good report. I will take authority over my mind today. I have authority over all the power of the enemy. I choose to cast down every vain imagination that exalts itself against the knowledge of God and I will bring them into captivity to the obedience of Christ. I belong to Jesus and I give the Holy Spirit control of my thoughts. I submit my mind to God, resist the devil, and he must flee. 6) I take the sword of the spirit and I use it on the offense. I will not shrink back. I am a soldier for Christ. We wrestle against principalities. I thank you for the power of your word. It is sharper than any two-edged sword. It will not return void but it accomplishes the task it was sent for. Your word is true. You are not a man that you would lie. I am a doer of your word. Your word is a lamp unto my feet and a light unto my path. I will hide your word in my heart so that I will not sin against you. 7) I will pray in the Spirit on all occasions because the Spirit will pray through me the will of God. This builds up my inner man and gives me strength for the day. I will pray for the saints according to your word. [I add this to my prayer in addition to the armor of God] 8) I thank you that the glory of the Lord is my rear guard. 9) I will praise you today. Let the high praises of God be in my mouth and a two-edged sword in my hand. I will praise you because you are worthy of my praise. I place on myself a garment of praise for a spirit of heaviness. Put a new song in my heart Lord. Let your praise be continually on my lips. 10) I thank you Lord that you are a God of healing, provision, and restoration. You are my healer. It is the will of God for me to be healed. You took our infirmities and bore our sicknesses. You said you heal all thy diseases. You are my provider. Those who seek you will not lack any good thing. You will prosper me as my soul prospers. As I seek you first, you will add all things to me. All my needs are met in Jesus. You have made a covenant with me that as I tithe and give an offering that you will supply all my needs and I will reap abundantly. You are the God of restoration. As I plead with you and walk pure and upright, you will rouse yourself on my behalf and restore me to my rightful place. You will restore what the cankerworm has eaten up. You restore my soul. 11) I thank you Lord that I walk in the fruit of your Spirit. It is not by might, not by power, but by your Spirit says the Lord. I have love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. This is my personality in you. 12) I ask you for the gifts of the Spirit. Your word says to seek the gifts. I want to edify others through these gifts. I ask you for the message of wisdom, the message of knowledge, the gift of faith, the gift of healing, miraculous

powers, the gift of prophecy, discerning of spirits, speaking in different kinds of tongues, and the interpretation of tongues. Help me to encourage someone today through the power of your Holy Spirit  
13) I pray all these in your Holy name, Jesus. Your name is above every name. All things are placed under your feet. All authority has been given unto you in Heaven and in earth. In Him we live, in Him we move and in Him we have our being. You are Lord. Amen.

- written Inner Man Ministries

Warfare Prayer 1) I put on tender mercies, kindness, humility, meekness, longsuffering; and I put on love, the bond of perfection. 2) I welcome the peace of God to rule my heart. 3) I allow the Word of God to dwell in my heart richly in all wisdom, teaching and admonishing one another in psalms and hymns and spiritual songs singing with grace in my heart to the Lord. 4) Whatever I do, I do in word and in deed in the name of Jesus, giving thanks to God the Father through Him. 5) I put on Christ because I have been baptized in Him. I put on the Lord Jesus as a garment. 6) I put on the breastplate of faith and love. 7) I put on zeal. 8) I put on mercy and truth around my neck. 9) I put on the armor of light. 10) I place on myself the mind of Christ. I let this mind (the mind of Christ) be in me. 11) I meditate on your word day and night. You are faithful to perform your word. You will bring it to completion. You are faithful to complete the work you have begun in me and my life. 12) Let the meditation of my heart and the words of my mouth be pleasing unto you O Lord. I will open my mouth and you will fill it. 13) I place a guard on my mouth. I commit my mouth to you Lord that I may not sin against you. 14) You Lord are seated high above all authority, power, dominion and might. Nothing is too difficult for you. 15) I place the armor of righteousness on my right and left hands. 16) I put on strength. I clothe myself with strength for the battle. You are looking for a pure heart whose heart you can strengthen. 17) I thank you for a shield of favor about me. 18) I plead the blood over my body, mind, will, soul, and emotions. I repent of all sins. I will not fear the arrow by day or the terror by night. 19) I put on the garment of salvation. We are clothed with salvation. 20) I put on the helmet of hope. 21) I put on the robe of righteousness. 22) I put on the blue ephod. 23) I ask for the fear of the Lord which is the beginning of wisdom. 24) I ask for the spirit of wisdom, knowledge, understanding, and revelation. 25) I am anointed, appointed, called, marked, chosen, beloved, accepted, and not rejected in Jesus' name. 26) I put on as a helmet the hope of salvation. 27) Help me Lord to be sober and vigilant; watchful in the spirit; and aware of the enemy, the devil. Wake me up spiritually. 28) I rule and reign with Christ Jesus. 29) Lord, you cover my head; you have covered my head in the day of battle. 30) The word is our shield and buckler. 31) I loose myself from the bonds of my neck. I tie down my enemies in the spirit realm. I reverse the words of those who curse me, send evil against me, and send evil against the work of the Lord. I send all evil back to them 7 times in the name of Jesus. May they be brought to their knees by the Lord Jesus to repentance that they may be saved, healed, filled, and delivered in Jesus' mighty name. I reverse every assignment, trap, snare, wile, and evil plan or attack against me from Satan and his angels, demons, imps, principalities, rulers of the darkness, powers, spiritual hosts of wickedness in the heavenly places, or spirits of any kind. I silence them and their words or curses. I clothe them with confusion as with a mantle. I cancel all assignments against me. I make all word curses null and void. 32) I ask the Lord to send legions of angels to minister to me, protect me, battle for me, minister healing and restoration, and to surround me in the name of Jesus. 33) I love, bless, and forgive those who persecute me and say all manner of evil against me for the sake of your righteousness. 34) Help me Lord to be strong in the Lord and in His power, exercise the authority over the devil which you have given me, stand against the devil, wrestle and warfare, put on my armor daily, pray without ceasing, intercede, and fight the good fight of faith. Amen. -written by Inner Man Ministries

# "HOUSECLEANING"

## IDOLS AND IDOLATRY

We received the following message concerning a picture of "Jesus".

In two different churches that had picture of supposedly Jesus Christ. These pictures were given out free at PROMISE KEEPER meetings. The image is a white hooded Jesus. However as I looked at it from the back of the church, the face turned into a skeleton! I walked closer and could see the subliminal painting that was lightly covering the face. Then I noticed a tiny small light at the top of the hood. What the subliminal did was to turn this Christ image into the grand reaper! I pointed this out to the pastor. He took the thing off the wall. Then he asked me to pray that his spiritual eyes be opened.

Exodus 20:3 "You shall have no other gods before or besides Me. 4) You shall not make yourself any graven image [to worship it] or any likeness of anything that is in the heavens above, or that is in the earth beneath, or that is in the water under the earth; 5) You shall not bow down yourself to them or serve them; for I the Lord your God am a jealous God, visiting the iniquity of the fathers upon the children to the third and fourth generation of those who hate Me, 6) But showing mercy and steadfast love to a thousand generations of those who love Me and keep My commandments."

Smith's Bible Dictionary reads:

"IDOLS - An image or anything used as an object of worship in place of the true God. Among the earliest objects of worship, regarded as symbols of deity, were meteoric stones, which the ancients believed to have been images of the gods sent down from heaven. From these they transferred their regard to rough unhewn blocks, to stone columns or pillars of wood, in which the divinity worshiped was supposed to dwell, and which were consecrated, like the sacred stone at Delphi, by being anointed with oil and crowned with wool on solemn days. Of the forms assumed by the idolatrous images we have not many traces in the Bible. Dagon, the fish-god of the Philistines, was a human figure terminating in a fish; and that the Syrian deities were represented in later times in a symbolical human shape we know for certainty. (We have personal experience casting Dagon out.) When the process of adorning the image was completed, it was placed in a temple or shrine appointed for it. 1 Corinthians 8:10; Jeremiah 7 and 19. From these temples the idols were sometimes carried in procession on festival days. Jeremiah 4, 26. Their priests were maintained from the idol treasury, and feasted upon the meats which were appointed for the idols' use."

One of the things we tell people that come for DELIVERANCE is to check their houses for objects that need to be destroyed and thrown out. Please pray and ask The Lord if you are not sure if you should destroy something and throw it out. Deuteronomy 7:26 "Neither shall you bring an abomination (an idol) into your house, lest you become an accursed thing like it; but you shall utterly detest and abhor it, for it is an accursed thing".

World Book Encyclopedia reads:

"IDOL - is an image made to represent the idea of a god or supernatural being. Idols often appear in a

primitive society that has developed some degree of civilization.

The early peoples of Mexico and Central America had idols. They were also common among early historical civilizations such as Egypt, India, Greece, and Rome.

The Old Testament forbids the making of an image of God in wood or stone. The Koran forbids the Muslims from making any kind of picture or image of their god, Allah. But idols are numerous in the Hindu and Buddhist lands of eastern and southeastern Asia.

Idols were used in early Christianity, but many people objected even then. They disappeared almost completely in Eastern Christianity. In Western Christianity idols are usually called images. The word idol soon came to be connected with heathen worship, rather than Christianity. Idolatry means the worship of idols.

Probably no people worship the idols which are called fetishes. People use them as images to remind them of their gods. In most cases, prayers and offerings are made through idols rather than to them.

ICON or EIKON, is a religious picture, usually painted on a flat surface such as wood or ivory. Icons in the Greek Orthodox churches are the pictures of Christ, the Virgin Mary, or the saints. Before the Bolshevik revolution in Russia, icons were placed in the churches and taken with armies into battle. The pictures could be revered highly, but the only image which could be adored was that of Christ

(NOTE FROM END-TIME DELIVERANCE MINISTRY: Is it OK with God to have pictures of JESUS? We believe that you should NOT have any, and that it could be a form of idolatry. Exodus 20:4 "You shall not make yourself any graven image [to worship it] or any likeness of anything that is in the heavens above, or that is in the earth beneath, or that is in the water under the earth.")

ICONOCLAST, is a person who attacks long-established beliefs. The word comes from two Greek words, eikon and klastes, which mean image and a breaker. In the days of the early Christian Church the name was given those people who were against the worship of images. There had long been a dispute dividing the Church, especially in the East, about images of Christ and the saints in churches. Emperor Leo III in 726 issued an order forbidding images and incense. Many images were destroyed, and the Church was divided into opposite groups. The iconoclasts were against the presence of images in churches."

Smith's Bible Dictionary reads:

"IDOLATRY - Strictly speaking, denotes the worship of deity in a visible form, whether the images to which homage is paid are symbolical representations of the true God or of the false divinities which have been made the objects of worship in his stead.

I. History of idolatry among the Jews. The first undoubted allusion to idolatry or idolatrous customs in the Bible is in the account of Rachel's stealing her father's teraphim. Gen. 31:19. During their long residence in Egypt the Israelites defiled themselves with the idols of the land, and it was long before the taint was removed. Joshua 24:14; Ezekiel 20:7. In the wilderness they clamored for some visible shape in which they might worship the God who had brought them out of Egypt, Exodus 32, until Aaron made the calf, the embodiment of Apis and emblem of the productive power of nature. During the lives of Joshua and the elders who outlived him they kept true to their allegiance; but the generation following, who knew not Jehovah nor the works He had done for Israel, swerved from the plain path of their fathers, and were caught in the toils of the foreigner. Judges 2. From this time forth their history becomes little more than a chronicle of the inevitable sequence of offence and punishment. Judges 2:12, 14. By turns each conquering nation strove to establish the worship of its national god. In later times the practice of secret idolatry was carried to greater lengths. Images were set up on the corn-floors, in the wine-vats, and behind the doors of private houses, Isaiah 57:8; Hosea 9:1,2; and to check

this tendency the statute in Deuteronomy 27:15 was originally promulgated. Under Samuel's administration idolatry was publicly renounced, 1 Sam. 7:3-6; but in the reign of Solomon all this was forgotten, even Solomon's own heart being turned after other gods. I Kings 11:14. Rehoboam perpetuated the worst features of Solomon's idolatry, I Kings 14:22-24, erected golden calves at Bethel and at Dan, and by this crafty state policy severed forever the kingdoms of Judah and Israel. I Kings 12:26-33. The successors of Jeroboam followed in his steps, till Ahab. The conquest of the ten tribes by Shalmaneser was for them the last scene of the drama of abominations which had been enacted uninterruptedly for upwards of 250 years. Under Hezekiah a great reform was inaugurated, that was not confined to Judah and Benjamin, but spread throughout Ephraim and Manasseh, 2 Chron. 31:1, and to all external appearance idolatry was extirpated. But the reform extended little below the surface. Isaiah 29:13. With the death of Josiah ended the last effort to revive among the people a purer ritual, if not a purer faith. The lamp of David, which had long shed but a struggling ray, flickered for a while and then went out in the darkness of Babylonian captivity. Though the conquests of Alexander caused Greek influence to be felt, yet after the captivity a better condition of things prevailed, and the Jews never again fell into idolatry. The erection of synagogues has been assigned as a reason for the comparative purity of the Jewish worship after the captivity, while another cause has been discovered in the hatred for images acquired by the Jews in their intercourse with the Persians.

II. Objects of idolatry. The sun and moon were early selected as outward symbols of all-pervading power, and the worship of the heavenly bodies was not only the most ancient but the most prevalent system of idolatry. Taking its rise in the plains of Chaldea, it spread through Egypt, Greece, Scythia, and even Mexico and Ceylon. Deuteronomy 4:10; 17:3; Job 31:20-28. In the later times of the monarchy, the planets or the zodiacal signs received, next to the sun and moon, their share of popular adoration. 2 Kings 23:5. Beast worship, as exemplified in the calves of Jeroboam, has already been alluded to. Of pure hero worship among the Semitic races we find no trace. The singular reverence with which trees have been honored is not without example in the history of the Hebrews. The terebinth (oak) at Mamre, beneath which Abraham built an altar, Genesis 12:7; 13:18, and the memorial grove planted by him at Beersheba, Genesis 21:33, were intimately connected with patriarchal worship. Mountains and high places were chosen spots for offering sacrifice and incense to idols, I Kings 11:7; 14:23; and the retirement of gardens and the thick shade of woods offered great attractions to their worshippers. 2 Kings 16:4; Isaiah 1:29; Hosea 4:13. The host of heaven was worshiped on the housetop. 2 Kings 23:12; Jeremiah 19:3; 32:29; Zephaniah 1:5.

(The modern objects of idolatry are less gross than the ancient, but are none the less idols.)

Whatever of wealth or honor or pleasure is loved and sought before God and righteousness becomes an object of idolatry.

III. Punishment of idolatry. Idolatry to an Israelite was a state offence, I Samuel 15:23, a political crime of the greatest character, high treason against the majesty of his king. The first and second commandments are directed against idolatry of every form. Individuals and communities were equally amenable to the rigorous code. The individual offender was devoted to destruction, Exodus 22:20; his nearest relatives were not only bound to denounce him and deliver him up to punishment, Deuteronomy 13:2-10, but their hands were to strike the first blow, when, on the evidence of two witnesses at least, he was stoned. Deuteronomy 17:2-5. To attempt to seduce others to false worship was a crime of equal enormity. Deuteronomy 13:6-10.

IV. Attractions of idolatry. Many have wondered why the Israelites were so easily led away from the true God, into the worship of idols. (1) Visible, outward signs, with show, pageants, parades, have an attraction to the natural heart, which often fails to perceive the unseen spiritual realities. (2) But the greatest attraction seems to have been in licentious revelries and obscene orgies with which the worship of the Oriental idols was observed. This worship, appealing to every sensual passion, joined with the

attractions of wealth and fashion and luxury, naturally was a great temptation to a simple, restrained, agricultural people, whose worship and laws demanded the greatest purity of heart and of life."

"Housecleaning" is what we call getting rid of anything in your home that may cause you demonic problems. Look through your home as you pray and the Lord will let you know what items need to be destroyed that have become an idol to you. Any type of collection - dolls (roots come from voodoo), owls and frogs (abominations to the Lord, as stated in the Bible), unicorns (lust and financial problems), etc. You may have only one or two of these items, but they are just as deadly as a collection. We have read and heard countless testimonies of what these items can do. Dolls levitate, walk and talk; owls caused cancer and when destroyed the person was totally healed. Please pray and seek the Lord regarding which items you must destroy. With pictures of movie stars you form a soul tie. One example is of a woman who came to us for DELIVERANCE from men and drugs. As I was praying for her the Lord impressed that the picture of Marilyn Monroe that was hanging above her bed was part of the problem. Marilyn Monroe had trouble with men and drugs and she died because of it.

Every time the Israelites started worshiping idols they came into captivity and bondage. The anger of the Lord burned against Israel when some of the silver and gold that was supposed to be destroyed was taken by Achan and hidden in his tent. Verse 25 of Joshua Chapter 7 reads: "And Joshua said, Why have you brought trouble on us? The Lord will trouble you this day. And all Israel stoned him and those with him with stones, and afterward burned their bodies with fire." 26) ...Then the Lord turned from the fierceness of His anger.

In Genesis 31 Rachel stole her fathers idols and died because of it.

These are just two incidents. This is not to bring fear upon you, but to let you know what our Lord thinks about idolatry. 1 Samuel 15:23 "For rebellion is as the sin of witchcraft, and stubbornness is as idolatry and teraphim (household good luck images). Because you have rejected the word of the Lord, He also has rejected you from being king."

**You do not have to worship any item for it to be idolatry. Just having these things in your home give demons legal right to be in your home.**

Deuteronomy 7:25 "The graven images of their gods you shall burn with fire. You shall not desire the silver or gold that is on them, nor take it for yourselves, lest you be ensnared by it, for it is an abomination to the Lord your God. 26) Neither shall you bring an abomination (an idol) into your house, lest you become an accursed thing like it; but you shall utterly detest and abhor it, for it is an accursed thing."

Do lots of research on items that you are not sure about. You may find that their origin is rooted in idolatry.

**SOME OBJECTS TO DESTROY: (See Lev. 11:13-21 and Deut. 14:7-19)**

Some accursed objects are: owls, frogs, unicorns, dolphins, dragons, horseshoes; items from other countries such as Africa, China, Japan; American Indian artifacts, carvings, pictures, buddha statues. Dolls and stuffed animals - dolls originated in voodoo. Paisley pattern on anything. Nike is a Greek god, according to the dictionary.

Collections, Pictures of movie stars, some items passed down from ancestors, Shamrocks, Any kind of good luck charm, Statues, Oriental objects, African items, Indian items, American Indian items, Any items that are used in witchcraft, The Book of Mormon, satanic bible, Books on other religions, Rock and roll music, etc.

In a little booklet by Mitsi Burton called  
**IDOLS AND IMAGES (The Second Commandment)**

"You would do well to read the old classic, **THE TWO BABYLONS** by HISLOP. On page 102, is a picture of a saucy little GOOSE. There is an ornament around his neck and a little cupid is riding it.

Hislop identifies it, not only as a Babylonian god, but also as the Egyptian Seb and the Indian brahmany goose. Today those attractive little ceramic geese are sold for home decorations. They are everywhere, on cookie jars, kitchen towels, etc." -- usually with a blue ribbon around the neck.

As stated above, pray and ask the Lord what you need to destroy. The word of God says that he who seeks shall find.

**HOUSE DELIVERANCE:** After these things have been destroyed then break curses over you and your family and cast the demons out of your house; also anoint your house.

**PERSONAL DELIVERANCE:** Confess, repent and ask forgiveness for the iniquity of idolatry for you, your ancestors, spouse, former spouses, former sex partners and their ancestors. Break the curses and cast OUT demons (of yourself) having to do with idolatry.

### **BURN OR DESTROY IT**

In the Book of Acts, Chapter 19 is the story about the seven sons of Sceva. After one of the demons beat them up, we find in verse 17, "This became known to all who lived in Ephesus, both Jews and Greeks, and alarm and terror fell upon them all; and the name of the Lord JESUS was extolled and magnified. 18/ Many also of those who were now Believers came making full confession and thoroughly exposing their [former deceptive and evil] practices. 19/ And many of those who had practiced curious, magical arts collected their books and [throwing them, book after book, on the pile] **BURNED THEM** in the sight of everybody...." This is the scripture used for "book burnings" "record burnings", etc. Note they **BURNED** the books. We're talking New Testament here. Why didn't they just bind up or cast out the demons in these books? Well, some of you have artifacts from Africa, India, etc., where these artifacts are offered up to their gods, many pray demons into these artifacts, and then they sell them. I have had people tell me that they bound up the demons or cast them out of the artifacts. Maybe that worked, and maybe it didn't. Maybe the artifacts should be burned. Seek the Lord on this matter. Here at the **DELIVERANCE MINISTRY**, we take to the opinion to be safe rather than sorry. I've heard many testimonies of severe problems because of such artifacts (including dolls, rock and roll albums, jewelry, etc.)

We also recommend destroying books and tapes from any ministry that is teaching false doctrine, in particular, that "Christians cannot have demons".

We have heard that anything that becomes a fad has probably got a demonic background - angel statues, for instance - started by the new agers. Rainbows - started by the new agers.

**FROGS** - In our local paper on November 20, 1998, it said, "Frogs' time has come - The frog is chirping its way into our pads in the form of Christmas ornaments, wine corks, CDs and sink stoppers. The latest amphibian landing: New World Frog Clock, a 13-inch blue wall model featuring frogs at every hour and a fly on the second hand." It croaks through the hours with sounds of many different frogs. See how the frog has become another fad.

## AUTOGRAPHS

As I watch news programs about a famous author or person being available to sign books, etc., you see long lines of people lined up for this once in a lifetime event. At the Jackson, Mississippi zoo in March, a Dallas Cowboys' quarterback was there to sign autographs. 5,200 people showed up, and it was the biggest turnout in zoo history for a celebrity. Have you done this? Do you still have something that you treasure with an autograph? What would you feel if someone stole it or it got destroyed? You may need some DELIVERANCE in this area. It could be an idol.

SUNDIAL - Found this advertisement - "Sundial is a symbol of eternal life, spirit of eternal love."  
Maybe you need to get rid of yours, and dial the SON.

FLAMINGO (bird) - Got this from Public TV - According to African myth, the Phoenix (Egyptian god) was on fire in a volcano fire. When the fire died down, in the ashes, was the Flamingo. Flamingo's are called "The Fire Bird". Phoenicians believed Flamingo feathers would bring immortality. Their diet causes their red color.

Regarding witchcraft: witchcraft is abounding. We see the mixture everywhere. The clothing manufacturers even put it into our clothes. The leviathan alligator is the symbol of high pride. It portrays the idea of "if you can afford that, then you are really dressed." There are a lot of wild patterns in the clothing which are symbolic of confusion. There are many satanic symbols hidden in clothing such as the yin and the yang, the baphomet, or goat's head, which is the symbol of the church of satan. Many labels are expressions of defeat or pride. Everyone puts their names on the clothing so man, by wearing these name brands, can feel built up and mighty in his own stature. The world wants to make a statement that they have money and position. This deception is a lie from satan. He is trying to make people think they are something they are not. The ties that men wear - the neck represents the will, so if a man puts on a tie that has satanic symbols on it he will be in bondage in certain areas of his service to the Lord. Remember the little foxes spoil the vine. The paisley print is a satanic symbol from India, and also has a Catholic connection. satan wants to change the identity of man which is God's love. satan wants to produce a beast incapable of love or feelings. If man wears satan's labels, then satan has the right to attack.

## FOOD AND HEALTH

**Eating the right food may not be enough. Most vegetables and fruits are lacking in the vitamins our body needs. To be sure that you are getting all of the vitamins and minerals you need to be and stay healthy you will need to take vitamins and supplements. Not all vitamins and supplements are alike. For**



**more information on a good source of vitamins and supplements, email us.**

**An excellent website for current health information is at**

**[www.mercola.com](http://www.mercola.com)**

**Do a search on his site for MILK. I think you will stop drinking it.**

**Also check out FLUORIDE and stop using it.**

**Another excellent source is a book by DOUG KAUFMANN called THE FUNGUS LINK. (The Kaufmann Building, 301 W. Washington Street, Rockwall, TX 75087 Phone 972-772-0990) He says that most, if not all, diseases are caused by fungus growing IN and ON our bodies. Doug is on Christian TV Family Network M-F live. The program is called YOUR HEALTH. He says OLIVE LEAF EXTRACT (at your local vitamin store) kills fungus growing in your body. He reports that there are many cures for cancer, but government agencies and drug companies are keeping Americans from learning about them and getting them. His website is at**

**<http://www.knowthecause.com>**

# **YOU BETTER CHECK THE SCRIPTURES AGAIN BEFORE YOU EAT IT**

**In Matthew 5:17, Jesus says, "DO NOT THINK THAT I HAVE COME TO DO AWAY WITH OR UNDO THE LAW OR THE PROPHETS; I HAVE COME NOT TO DO AWAY WITH OR UNDO BUT TO COMPLETE AND FULFILL THEM.**

**18 - For truly I tell you, until the sky and earth pass away and perish, not one smallest letter nor one little hook [identifying certain Hebrew letters] will pass from the Law until all things [it foreshadows] are accomplished.**

19 - Whoever then breaks or does away with or relaxs one of the least [important] of these commandments and teaches men so shall be called least [important] in the kingdom of heaven, but he who practices them and teaches others to do so shall be called great in the kingdom of heaven.

I am not UNDER the Law by obeying the dietary laws. It could have nothing to do with Jesus, God, or going to Heaven. It could have to do with just common sense. I prefer to think that God knew what he was talking about.

I have heard two testimonies of people who were to die of CANCER. They followed the dietary laws in the Bible, and the CANCER went away. One of the two was a man who was not a Christian, but he said he had nothing to lose.

1. Doctors and scientists say a pork chop (or any pork product) does NOT digest. It stays in your system for months until it is rotted sooooo small, then it just goes through.
  2. Bacon grease sitting around (like on the stove) turns to poison after not too long (old Southern tradition too).
  3. The lobster is called the "cockroach of the ocean" because it eats all the trash.
  4. A scallop eats poison from the ocean floor, but the poison does NOT pass through the little critter.
- Now, if the doctors know this happens today with modern technology, refrigerators, hog farms, cat fish ponds, etc., I wonder why God told us not to eat all that stuff.

So, common sense would not want you to smoke or eat what God said not to eat.

The three sheets coming down is the biggest "argument" people bring up. God was talking about GENTILES NOT BEING UNCLEAN, not all the animals that were in the sheet. Even Peter realized this when he got to the Roman (GENTILE) centurion's home. You must read the WHOLE story, and not stop at the part most people stop at.

Acts Chapter 10 goes like this - Cornelius is a Roman Centurion who is a God-fearing man. An Angel appears to him and tells him to send for Simon Peter (verses 1-8). This happened FIRST, setting the stage for Peter's vision.

Peter has a vision, and "a great sheet" is lowered three times filled with animals (verses 9-14.)

Verse 15 - The voice said, "What God has cleansed and pronounced clean, do not you defile and profane by regarding and calling common and unhallowed or unclean."

Verse 17 - Peter did not know what the vision meant. So how can you, if you stop at this verse?

Verse 28 - And he [Peter] said to them, You yourselves are aware how it is not lawful or permissible for a Jew to keep company with or to visit of [even] to come near or to speak first to anyone of another nationality, BUT GOD HAS SHOWN AND TAUGHT ME by words that I should not call any HUMAN being common or unhallowed or [ceremonially] unclean.

Peter said the vision was about human beings - NOT FOOD!

Eerdmans Bible Dictionary says that Gentiles are NON Jews and NON Christians. Ephesians 2:11-12 and Matthew 6:7 and 32 bear this out. You may think you are a Gentile, but you are not, if you are Saved.

DO YOU SPEAK IN TONGUES? If not, Verse 44 says ALL were filled with the Holy Spirit and Spoke in Tongues. Can't leave this part out of the Bible.

Everyone loves the Blessings of Deuteronomy 28, but you cannot leave out the Curses of Chapter 27. You also cannot leave out the dietary laws found in Leviticus 11 and Deuteronomy 14.

## Eating Meat

### Eerdman's Bible Dictionary

The definition of meat is the flesh (basar) of animals. In biblical times meat was used primarily in sacrifices. Because it was expensive, meat was eaten primarily by the wealthy, including the king (1 Kings 4:23); the common people had meat only on feast days or in times of great prosperity (Amos 6:4). Meat was most often roasted on a spit, but it might also be boiled (1 Samuel 2:13; Judges 6:19).

The question at issue in 1 Corinthians 8:1 - 11:1 is "food offered to idols" (8:1, 4, 10; 10:19). Since almost all meat sold in the meat market (v. 25; Gk. makellon, from Lat. macellum "butcher shop, meat market") had been slaughtered with a modicum of pagan ritual and could therefore be considered "food offered to idols," some Christians could not in good conscience eat any meat. Paul here sets consideration for the conscience of others above other factors in the issue (8:7-13; 10:23-24, 28-11:1), but encourages his readers not to raise for themselves any question of conscience (10:25-27).

So the issue of eating meat was not that they could or could not eat meat, but the fact that the food was offered up to idols was the issue.

#### FOR GOD'S LAW ON "CLEAN AND UNCLEAR" FOODS SEE:

##### LEVITICUS 11 AND DEUTERONOMY 14

##### BIBLE FOOD LAWS - CLEAN MEATS

##### 1. Animals that part the hoof and chew the cud:

CATTLE: BEEF, HAMBURGER, VEAL

SHEEP: LAMB, MUTTON

ANTELOPE, BUFFALO, BISON, CARIBOU, DEER, ELK, GAZELLE, GIRAFFE, GOAT, HART, IBEX, VENISON, MOOSE, REINDEER

AND THEIR PRODUCTS: MILK, BUTTER, CHEESE

##### 2. Fish that have fins AND scales:

ANCHOVY, BASS, BLUEFISH, CARP, COD, CROPPIE, FLOUNDER, GROUPER, GRUNT, HADDOCK, HALIBUT, HERRING, MACKEREL, MINNOW, PERCH, PICKEREL, PIKE, ROCKFISH, SALMON, SHAD, SMELT, SNAPPER, SOLE, STEELHEAD, SUNFISH, TARPON, TROUT, TUNA-ALBACORE, BONITA, YELLOWTAIL

##### 3. Birds that have clean characteristics:

CHICKEN, DOVE, SONGBIRDS, SPARROW, TURKEY, PEACOCK, PIGEON, GUINEA, FOWL, PHEASANT, GROUSE, QUAIL, PARTRIDGE, AND THEIR EGGS

##### 4. Clean creeping things:

DIFFERENT TYPES OF LOCUSTS WHICH MAY INCLUDE CRICKETS AND GRASSHOPPERS

##### BIBLE FOOD LAWS - UNCLEAR MEATS

1. SWINE: BOAR, PECCARY, PIG (HOG) - BACON - HAM - LARD - PORK (ANYTHING FROM THE PIG)

CANINE: COYOTE, DOG, HYENA, FOX, JACKEL, WOLF

FELINE: CAT, CHEETAH, LEOPARD, LION, PANTHER, TIGER

EQUINE: DONKEY, HORSE, MULE, ONAGER, QUAGGA, ZEBRA

MISCINE MUNIMUS: BADGER, CONEY, HARE, RACCOON, SQUIRREL, MONKEY,  
OPOSSUM, PORCUPINE, SKUNK

MISCINE MAXIMUS: BEAR, CAMEL, ELEPHANT, LLAMA, WALLABY, GORILLA, HIPPO,  
KANGAROO, RHINO

2. Water creatures lacking fins AND scales:

FISH: CATFISH, EEL, MARLIN, SHARK, STURGEON

HARD BODY: ABALONE, CLAM, CRAB, CRAYFISH, LOBSTER, MUSSEL, PRAWN, OYSTER,  
SCALLOP, SHRIMP

SOFT BODY: CUTTLEFISH, JELLYFISH, LIMPET, OCTOPUS, SQUID

SEA MAMMALS: DOLPHIN, OTTER, SEAL, WALRUS, WHALE

3. Birds of prey, scavengers, and others:

BAT, ALBATROSS, BITTERN, BUZZARD, CONDOR, CORMORANT, CRANE, CROW,  
CUCKOO, EAGLE, FLAMINGO, GROSBEAK, GULL, HAWK, HERON, KITE, LAPWING,  
LOON, OSPREY, OSTRICH, OWL, PELICAN, PENGUIN, PLOVER, SWIFT, RAVEN, STORK,  
SWALLOW, SWAN, GOOSE, DUCK, WATER HEN, VULTURE, WOODPECKER

4. Unacceptable creeping kinds:

REPTILES: CROCODILE, LIZARD, SNAKE, TURTLE

AMPHIBIANS: FROG, NEWT, SALAMANDER, TOAD

OTHER: MOLE, MOUSE, RAT, SNAIL, SLUG, WEASEL, ALL INSECTS EXCEPT THE LOCUST  
FAMILY

Want to get rid of some of your physical ailments? Follow the dietary laws. What do you have to loose?

MUCH DELIVERANCE WILL ALSO BE REQUIRED.

## **HEALTH NEWS--EATING RIGHT CAN CHANGE YOUR LIFE**

THE FOLLOWING INFOMATION CAME FROM THE JOURNAL OF HEALTH AND HEALING,  
PO BOX 109, WILDWOOD, GA 30757. A COPY OF THE JOURNAL IS \$2.97.

A pig is a pig is a pig - Do you not eat any pig products because of what the Bible says? Do you not eat any pig because of what the doctors and scientists say about pig? I finally got to read a report about products that may have pig in them. Would you believe gelatin desserts? A form letter from a manufacturer states, "The production of the gelatin starts with the refinement of collagen-bearing

tissues of any animal that has been raised and slaughtered for food purposes. The principal collagen-bearing tissue used is hide trimmings." Food gelatin comes almost exclusively from pigs and cows. Gelatin is not required to be on the list of ingredients, but can be found in beef--jellied beef, corned beef loaves, jellied tongue, cake icing (bakery), candy--bonbon coatings, candy cigarettes, lozenges, wafers, cheese foods, cheese spreads, chewing gum, chicken rolls, chiffon pies, chocolate flavored beverages, chocolate milk, confectionery ingredient, cottage cheese, cream, cream cheese, frozen cheesecake, frozen cream pies, frozen custard, frozen deserts, frozen gravies and sauces, fruit gelatins and puddings, gelatin deserts, ice cream, marshmallows, neufchatel cheese, popsicles, ricotta cheese, sherbets--fruit, turkey rolls, water ices, yogurt, and the list keeps growing.

Lard is fat from hog carcasses. Lard is a commonly chosen ingredient in general purposes commercial shortening, bread and pastry, pie crusts, crackers, cookies, cookie fillers, icing shortening, household shortening, margarine. Anything listing "shortening" is suspect, including baked goods, breads, cake mixes, cakes, canned beans, crackers, packaged mixes of all kinds, pie crusts, pies, snack foods, tortillas. Consumers need to be aware that the ingredients declared on food labels as "mono- and diglycerides" or "emulsifiers" may be derived from lard and thus ultimately from hog carcasses. These compounds are so widely used that we cannot give you a list of foods commonly containing them, but they may be found in beverages, lard, ice cream, iced milk, baked products other than bread and rolls, shortening, confections, chewing gum base component, sweet chocolate, milk chocolate, etc., oleomargarine rendered animal fat or a combination of such fat and vegetable fat, whipped toppings, prepared baking mixes, peanut butter. This information came from the "JOURNAL OF HEALTH & HEALING", VOL. 12 No. 1.

The first step in getting your body healed is to pray for Healing or a Miracle. If you don't get that Miracle right away, the next step is to CAST THE DEMONS OUT. Once you have done these two steps, you MUST change your eating habits, exercise, and take some form of vitamin and mineral supplements. Any brand at all are better than none at all.

You can't cast a demon OUT if your problem is you are eating the wrong food. If you get a lot of tooth cavities, it could be a demon causing it, BUT, it is probably because YOU are not taking care of your teeth. Understand what I am saying? Be careful not to miss the demon, but also use some common sense.

When you first get Saved, you want to TELL EVERYBODY about your new experience in JESUS CHRIST. When you find out that Speaking in TONGUES, Healings, and Miracles are for you and me today, you want to TELL EVERYBODY about it. When you find out about the Miracle of DELIVERANCE, you want to TELL EVERYBODY about it. All of the above should be done free of charge because "freely you have received, freely give".

## **The following is from "AN OPEN LETTER TO FELLOW CHRISTIANS" by Doctor R.A. Alexander.**

[END-TIME DELIVERANCE MINISTRY NOTE] Sometimes a person's ill health may be caused by poor eating habits instead of caused by demons. If you change your eating habits, you could be on your road to better health. This information is some years old, and I have no address for Dr. Alexander.

"I write to you to the glory of our God and to the good health of our people. My humble effort will be to help you remove the mystery that surrounds health and the prevention of disease. Toward this goal, we will search the scripture together to find a way of life that will assure us of good health. Those things which I have been allowed to see and understand these past 40 years plus, as a physician and surgeon, have taught me to trust Almighty God, our Creator, for those things I have not been allowed to see or understand. They have caused me to realize that Christianity is a relevant faith, a reality, and an ethic for every aspect of our daily lives. My final years in medicine were devoted to an attempt to understand the prevention of disease as I served as the medical director of the wellness program at our local hospital.

## **THE CHRISTIAN GUIDE TO BETTER HEALTH -**

This world is drowning in information but starved for knowledge, wisdom and understanding; "Truth has fallen in the street" Isaiah 59:14. Too many have abandoned their search for truth and are looking for a comfortable fantasy. The time is now to make the ideal a reality. We must accept the facts, as discovered by science, in the light of God's word, properly understood. Truth is completely explained throughout God's word. In John 14:6 Christ tells us, "I am the way, the truth, the life", and in John 17:17 "Thy Word is truth" and in Psalms 119:142,151 and 160, David the prophet tells us that Thy Law is truth, all Thy commandments are truth and Thy word is true, but the biblical truth has fallen in the streets. Isaiah 59:14 Physicians will readily admit that with all our wonderful technological advances, we are not yet able to cope with the world's health problems. However, real meaningful prevention is being ignored, when we now have discovered that nutrition is the major factor in good health and disease. We are truly what we eat and our immune system really works. Our body is self-healing when furnished with the basic needs of life, oxygen, water, proper food (fuel), exercise and love. Love is the soil in which we grow.

All the major illnesses are 80% preventable now by a very low-Fat diet, exercise (about 3 mile walk per day) and no SMOKING. Good health does not come in capsules. The responsibility for your health is yours...now. A healthy heart is just a walk away. You can eliminate the major killer diseases now, with no new knowledge, no new drugs, no money, no doctors office visits, and the results will be very rapid regardless of your health now (Daniel 1:12). You don't need to be sick to get better and you are not at the mercy of your genes. This is not written to replace your doctor, he is important to monitor your progress. Our purpose is to cause you to take the responsibility for your own health and the Lord shall be your confidence. God, our Creator, is still in control. He understands what fuel will keep this flesh body in good health and what fuel will cause us disease. Will you accept the truth or must you suffer the consequences in disease? Our Bible, His Word, is a book of instruction and prevention from Genesis to Revelation, and in Malachi 3:6 our Father explains to us, "I am the Lord (eternal), I change not". He will not have a separate set of rules for each generation. Research has recently come together too compelling to cause the medical profession to discover (that is to say, uncover facts which previously existed but were unknown to doctors generally) that all ingested Fat is your #1 health enemy. Some Fats cause coronary heart disease, some cause CANCER, all Fats cause arteriosclerosis (the so-called hardening of the arteries) which is the cause of all degenerative disease. 80% (over 3/4) of the major killer diseases are now easily preventable with no new knowledge, no new drugs, no expenditure of money, not even a visit to the doctor's office. It is so simple that many of you will refuse to believe it. This Christian guide to better health requires belief. In order for it to work you must be a doer; knowledge is only of value if it is applied. Ben Franklin once reminded us that it will amaze you how long a truth is known before it is acted upon. Our Father and Creator, brought this prevention of disease to our personal attention in The Letter written to each and every one of us some 4,000 years ago. It is called His Word, the Holy Bible, our handbook for daily living. Christ is that Living Word.

Early He pointed out to us, His children, in Leviticus 3:16,17 and again in Leviticus 7:23 that all the Fat belongs to the Lord and that we are not to eat any manner of Fat, even of clean things created for food. These things have led me to the Christian's Guide To Better Health which will follow in the simplicity in which Christ taught (2 Corinthians 11:3). So very simple you won't believe it even though God has allowed man to prove such things to himself.

First, let us look at a few of the health promises our Father gave us in return for obedience. These promises are as real today as when they were given to the children of Israel. God promises us none of the evil diseases of the Egyptians in Exodus 15:26, Deuteronomy 7:15, and Exodus 23:25. Egypt had all the diseases we have today except we are able to afford them for everyone today...not just for the royalty as in the days past. Lest someone misunderstand these and other health food laws summarized in Leviticus 11 and Deuteronomy 14, these health rules have nothing to do at all with our salvation and eternal life. Christ redeemed us once for all on the cross. Sin against these rules for good health are sins to the flesh and against God's laws of nature, and you are sure to develop disease against the flesh body as you break them.

This is not a Pharisee doctrine (God forbid), just good advise our Father gives to his children that they may remain in good health. Follow these rules as to the fuel you place in His creation, this flesh body."

Realistically, all fat is your #1 health enemy. Saturated fats cause coronary artery disease, killing 52% of our people. Unsaturated fats cause CANCER, killing 21% of our people. Together they cause high blood pressure, diabetes, and other degenerative diseases, especially atherosclerosis.

Saturated fats: All animal products have the fats that contains cholesterol. No other fats contain cholesterol. Cholesterol is present in all meat, eggs, cheese, butter, and milk. However, other saturated fats which contain no cholesterol themselves, but they furnish the raw materials for your body to manufacture cholesterol. Such oils as coconut oil, palm oil, and avocado. These products are as bad for you as products that contain cholesterol for they stimulate its production by your liver and other cells.

Your body produces far more cholesterol than you eat.

Un-Saturated fats: The so-called poly-unsaturates, in all vegetables, as Oleo, Margarine, Corn Oil, Crisco, Puritan oil, Safflower oil, Peanut oil, etc. They all cause CANCER, which in turn kills 21% of our people. It is okay to eat all vegetables but when we concentrate the oil they cause us trouble. For example, it takes 14 ears of corn to make one tablespoon of corn oil. Eat all vegetables as grown.

CANCER of the colon, breast, ovaries, uterus, prostate and pancreas are the direct result of ingested fat. These represent 50% of all CANCER deaths. All you need to remember is that fat is bad. Think fat, not cholesterol. In moderation, cholesterol is good in that it is essential to the brain, nerve cell coverings and all cell membranes.

Olive oil, a mono-unsaturated oil, compared to other fats is a good oil to use in moderation. Olive oil is the oil of our people, the oil of anointing, oil of light, oil of health to this flesh and eternal life. Is it any wonder that olive oil 1/lowers the blood total cholesterol, 2/raises the HDL (good cholesterol), 3/lowers the LDL (bad cholesterol), 4/lowers the blood pressure, 5/lowers the blood sugar, 6/lowers the risk of coronary artery disease and CANCER. Use cold pressed olive oil in moderation in baking, as a salad dressing and on pasta. Other oils do just the opposite but are you surprised that cold pressed olive oil should have such marvelous benefits to our bodies? James 5:14, the anointing oil.

Fish with their oils, the Omega III factor which is very beneficial in preventing coronary artery disease, the #1 killer disease in the USA today.

God admonishes us to exercise in this flesh body. Exercise profiteth us throughout this flesh age, but

spiritual exercise profits us into eternal life. 1 Tim 4:8. In the sweat of thy face shall you eat bread till you die in the flesh. Gen 3:19. Six days shalt thou labor and do all thy work. Exo 20:9. Recent research has shown us in the medical profession that lack of exercise is our #2 health enemy. Exercise reduces the death from all diseases but will not burn up cholesterol once it is ingested. Exercise to energize; it tones the muscles, tunes the heart rhythm and increases lung capacity and increases endurance. The HDL (good cholesterol) rises. Beta endorphines flow and general health improves.

SMOKING causes 30% of CANCER deaths. CANCER of the lungs, throat, mouth, lips, larynx, esophagus and urinary bladder, are all caused by SMOKING.

In summary: The most powerful, most exciting discovery of my medical career is that we truly are what we eat. Disease is preventable now by proper food (very low fat dietary program), exercise and NO SMOKING. Our Father God knows the best fuel for the health of our flesh bodies. Your proper food is first, carbohydrates (starches, complex sugars, food as grown). This includes all fruits, vegetables, grains (pasta, whole grain breads, oatmeal, rice, cream of wheat etc.). Carbohydrates are our energy foods and should make up 80% of the calories we eat. They digest without waste products that stress our vital organs; only carbon dioxide (CO<sub>2</sub>) and water (H<sub>2</sub>O) which are easily disposed of by kidneys, skin and lungs and cause no disease.

You don't need to be sick to get better, Daniel 1:12 tells us how soon to expect improvement. Eat all the carbohydrates you want. Protein in excess is harmful to your health. Ideally only 10% of your calories need to be protein. It is more difficult to digest, requiring 8 times as much water to dilute the waste products, urea, ammonia, etc., which stresses the vital organs and cause disease when eaten in excess.

Whole grain breads have more protein per calorie than most meats. Beans have more protein per dollar expanded than meats. Fish is your best meat source of protein, containing very little fat. We need only as much meat (protein) daily as is used to replace the muscle we wear out daily. This amounts to only 4 ounces of meat per day.

Fat is harmful to your health when you eat more than 10% of your calories as fat. I am aware that the American Heart Association says 30% of your calories as fat is ok, as does the American Diabetic Association, and of course the average American eats 40 to 50% of ingested calories as fat. That is why we have the diseases I have written you about. God is still in control, obey His Word. Eat no foods that are filled with fat, such as donuts, Danish pastries, cookies, french fries, milk shakes, ice cream, etc. Make your own list of NO-NO'S.

Substitute olive oil whenever possible in baking, on green salads and pasta, in moderation of course, for other oils.

Remember, no frying. Broil meats to burn away excess fats and cholesterol after you have trimmed away all visible fat.

The simple road to good health then is a very low fat dietary program, exercise, and NO SMOKING. It is so simple there is danger you might not believe it. Our Father God gave us these simple rules for health of the flesh body just as he had written in Ecclesiastes to help us be happy in this flesh body and the Proverbs to rule our lives in wisdom and common sense, that we might live in peace of mind, governing our lives with the wisdom of God. In the flesh our job is obedience and He rewards us handsomely. Never be pre-occupied with your health, rather be pre-occupied with the Word of God. His Word is our soul food. He is our confidence, our strength, our guide, and our protector. Trust JESUS Christ. He is the Great Physician. He will heal us. Only He has all the answers. God bless you all (Hebrews 13:20,21) RAY ALEXANDER



## **THE ALEXANDER LIFE EXTENSION HEALTH DIET:**

Designed after much research to: 1. Promote Health, a high energy level, vitality, endurance. 2. Help you look and feel younger and live longer. 3. Help prevent atherosclerosis (hardening of the arteries) and resultant degenerative diseases of old age, CANCER, gout, heart disease, high blood pressure, strokes, diabetes, osteoporosis.

Diet composition - Very low fat, low protein, high fiber, high carbohydrate (starch). 1. Dietary fat from all sources is your #1 health enemy. Fat clogs the arteries to your vital organs (heart, brain, kidneys, liver, pancreas) preventing their functioning properly. Eat no more than 10% of dietary calories as fat.

Dietary fat causes: (Both animal fats (cholesterol) and vegetable fats) - 1. - Coronary artery disease (heart attacks) 2. - Many CANCERs (colon, breast, ovary, uterus, prostate and others) 3. - Strokes, high blood pressure

2. Dietary protein is needed in small amounts to rebuild your body as you wear it out daily. Dietary protein is a poor energy source. Excess causes leaching of calcium and other minerals in the bones, causing osteoporosis (thinning of bones). Eat no more than 15% of dietary calories as protein.

3. Complex carbohydrate (starch). Complex sugars burn slow (best food). #1 energy source, pure energy, buns clean in body. Only CO<sub>2</sub> and H<sub>2</sub>O as waste product of digestion. Does not stress vital organs during digestion. Provides vim, vigor, vitality and energy for daily living and working. Eat 75-80% of your dietary calories as complex carbohydrate (starches). Eat carbohydrates when you are hungry and don't worry about weight, it is used up for your energy needs.

Prime sources of complex carbohydrates are: fruit, vegetables, grains, pastas, breads, potatoes, beans, peas, cereal, oatmeal and rice.

Calories per gram: Fat --- 9; Protein ---4; Carbohydrates ---4

Exercise -- Walk three miles per day.

Eat optimal ideal diet for maintenance of good health:

### **EAT LIBERALLY**

Fruits (except coconut), vegetables (except avocado), grains, rice, oatmeal, cream of wheat, shredded wheat, grape-nuts, nutri-grain, puffed rice, wheat millet, non-fat breads (tzitzel, pita, pumpernickel, bagels), beans, peas, potatoes (Irish and sweet boiled or baked), salads (non-fat dressings), pastas, whole grains, spaghetti, macaroni.

### **EAT MODERATELY**

Skim milk, meat (broiled, baked or boiled), fish (best), chicken (skinned white meat), 3 ounces a day.

### **EAT SPARINGLY OR NOT AT ALL**

All fried foods, all fats, nuts, seeds, vegetable oils, sugar, honey, syrups, caffeine, salt, cheese, eggs, butter, oleo margarine, olives, coconut, red meat (beef once a week), no PORK.

In order to avoid weight loss, eat more potatoes, pasta, breads, rice, oatmeal and fruit.

## **IDEAL DIET TO LOSE WEIGHT**

### **EAT LIBERALLY**

Vegetables, (raw or cooked except avocados), beans, peas, salads (non-fat dressings), vegetable soup without fat.

### **EAT MODERATELY**

Potatoes, grains, rice, oatmeal, cream of wheat, skim milk, shredded wheat, grape-nuts, nutri-grain flakes, non-fat breads (tzitzel, pita, pumpernickel, bagels), pastas, whole grain spaghetti, macaroni, fruits (no coconut), fish (broiled or baked), chicken (skinned white meat).

### **EAT SPARINGLY OR NOT AT ALL (HIGH IN CALORIES)**

All fried foods, all fats, nuts, seeds, vegetable oils, sugar, honey, syrups, caffeine, salt, cheese, eggs, butter, oleo, olives, avocado, coconut, red meats (beef one time per week), no PORK."

## **THE 12 BEST AND 12 WORST FOODS FOR YOUR HEALTH:**

### **BEST**

**BROCCOLI AND CARROTS:** Nutrient bargains. The whole family of dark green and deep red vegetables is low in calories and loaded with vitamin A (A single carrot provides 1/2 a week's requirements). These vegetables are high in fiber and contain a natural cancer preventative agent. (Cooked carrots are better absorbed by the body than raw ones.)

**OATS:** The value of a Cadillac for the price of a Ford. Oats are a rich source of protein, and fiber in oats--the stuff that makes oatmeal gummy--helps reduce cholesterol and normalize blood sugar. If you prepare your oatmeal with skim milk rather than water, you get a protein and calcium bonus. Instant oatmeal is not as good as cooked oatmeal because it's made with lots of salt and sometimes lots of sugar.

**CABBAGE AND ITS FAMILY:** (Cauliflower, brussels sprouts, kale, kohlrabi): Not just for cole slaw. A natural cancer preventive substance reduces the risk of colon cancer, a major cancer killer in the United States.

**POTATOES:** Another super nutrient bargain. For 100 calories in a 5 oz. Potato (fewer than in many "diet" foods) you get high percentages of vitamin C, protein, iron, riboflavin, thiamine, niacin, phosphorus and magnesium. Don't cook potatoes in fat or add sour cream or butter. Good addition: yogurt flavored with dill, pepper or horseradish. Sometimes I just put my cooked vegies on a potato--it's nutritious and attractive. Brown rice with vegies or beans cooked and placed on top of rice is great, pure energy. Baked sweet potatoes are great...with honey.

**YOGURT AND SKIM MILK:** Versatility galore. Milk contains protein, and the calcium helps to prevent weakening of the bones. Yogurt has some advantages over milk, although it's more expensive. Since it takes time to consume, you really feel that you've eaten something. You can eat it with fruit or vegies and use it as a thickening agent in soups and other recipes. In desserts that traditionally are loaded with whipped cream or cream cheese, yogurt is a good, and unnoticeable substitute. Yogurt is a

perfect ingredient for dips and salad dressings. Preparation hint: adding fresh fruit to plain yogurt, you will probably use much less than is added to commercial brands. Frozen yogurt is better than ice cream from a fat standpoint--but it still has quite a bit of sugar.

**PASTA:** Good for you. But watch out for the sauce! Pasta is not a fattening food. It contains protein, vitamins and minerals. Even white pastas are a good source of essential nutrients. You can make pasta sauces that are very low fat and calories. A spaghetti dinner with a meal, sauce has fewer calories than just the steak part of a steak dinner, and offers 2 1/2 times the amount of food. For the pasta gourmet: try a foray into buck wheat pasta, a Japanese specialty.

**FISH:** All varieties of fish have an ingredient that protects against heart disease by helping to lower blood cholesterol levels and prevent blood clots. Sardines are among the easiest fish to buy and if eaten with the bones, are very high in calcium (as good as milk). Do not add saturated animal fat in preparation. In restaurants order fish broiled without butter. Poached fish is a good no-fat choice--order the fatty, high-calorie sauce on the side. Salmon is excellent as a really clean fish.

**BREAD AND WHOLE GRAINS:** The staff of life. I think the reason millions of Americans limp around all day is because they don't eat enough bread. Bread should be a part of every meal, and it's a good snack food. Of course, I prefer whole grain bread (it has 18 more nutrients than white bread).

Beware: Bread that isn't white in color is not necessarily whole wheat. If the first ingredient on the label is ENRICHED WHITE FLOUR, it is not a whole-grain bread. The first ingredient should be a whole grain, such as oats or (usually) whole wheat. For dieters: The latest studies have shown that about 30% of the calories in bread are not absorbed by the body. If you eat a slice of bread with 100 calories, you absorb only 70 calories. You get something for nothing. Rice is nice. Pure energy. Brown rice is high in fiber and other nutrients.

**LENTILS AND FAMILY (DRIED PEAS AND BEANS):** Very nutritious and versatile. An excellent source of vegetable protein, the lentil family has a cholesterol-protective substance. Lentils are high in fiber (which is why dried beans leave a gassy legacy, a testimony to the fact that you are eating a healthful diet). Try them in soups, salads and casseroles. For the lentil novice, lentil soup is the best place to start. Beans over brown rice are a great meal.

**FRESH FRUIT:** A natural dessert. By calling fresh fruit natural means to say that refined sugar is not natural -- it is. What I mean is -- The sugar in fresh fruit comes in a package loaded with things that are really good for you: fiber, vitamins and minerals. Hint: A fruit is better than a juice because it is more slowly absorbed by the body and more substantive. Use fruits or fruit juices, concentrated-frozen, to sweeten other foods.

#### AND A BONUS:

**POPCORN:** Great for snackers and ex smokers who want to put something healthful into their mouths. Unbuttered, unsalted popcorn contains fiber and a lot of hot air (which is why it has only 23 calories per cup). You eat an immense amount of popcorn before you reach the calorie equivalent of a single cookie. For variety: try popcorn with herbs, parmesan cheese, apples, grapes or freshly ground pepper.

**BANANAS:** Great as sweeteners for oatmeal and rice. High in potassium, vitamins and other minerals. Great as a spread on a sandwich with whole-grain breads. Pure energy.

## WORST FOODS TO EAT

**SODA POP:** The epitome of nutritional bankruptcy. This includes all the soft drinks, carbonated or not, sugar sweetened or artificially sweetened. If you are desperate for something sweet, you're better off

having fruit juice.

**FRENCH FRIES:** A travesty on the name of potatoes. A wonderful nutritious food acquires 200 calories of fat when fried (and in a fast-food restaurant you're probably getting dangerous beef fat). Added salt...UGH.

**POTATO CHIPS:** You might as well eat butter. They contain a large amount of added fat, as well as lots of salt.

**BACON:** It's not really meat. As many as 95% of the calories in bacon come from fat. It's high in salt and full of nitrates, which may cause cancer. (Micro-waved bacon, which seems drier, is just as high in fat.)

**FETTUCCHINE ALFREDO AND SOME PASTA SALADS:** Drowning in a sea of fat. People order pasta thinking it is healthful, then destroy its benefit by ordering it in fatty sauces, and pasta does require a great deal of dressing. Try the no-oil Italian dressing.

**FAST-FOOD SUPER BURGERS:** 600 calories -- and half of those calories are fat. Interestingly, the plain burgers are not particularly high in fat. But when you throw in the dressing, the cheese, and the extra beef, it adds up.

**GRANOLA BARS:** Whoever said they are healthful? Granola is high-fat, high sugar cereal. I use it only as a garnish, sprinkling a little bit of it on an unsweetened cereal. Granola bars are simply high-calorie cookies. The latest version -- the granola candy bars -- are no better for you than a Milky Way or Snickers, and they cost more. Bottom line: There is no advantage to eating a granola bar.

**S'MORES CEREAL AND GRANOLA CEREALS:** Probably the worst cereal ever produced. If you went to camp, you know that s'mores are a campfire confection of graham crackers, toasted marshmallows and chocolate bars. And that's exactly what is in s'mores cereal. More than half the calories come from sugar. You're really eating candy with milk on it.

**DOUGHNUTS:** Worse than no breakfast at all. Not only do doughnuts have the sugar and white flour that we should be cutting back on, but they're fried. They give me heartburn. Doughnuts put your blood sugar out of whack, and they don't stay with you. By the end of the morning you'll be in bad shape.

**CHEESE:** Not at all a wonder food. Cheese has some redeeming features, and I do use it in my recipes, but in small amounts. Many people who have stopped eating meat (because of their concern with fat and cholesterol) are substituting a huge amount of cheese. They would be better off with the red meat.

Reason: Cheese has the same amount of fat and cholesterol as red meat -- and far more salt.

**Worst cheeses:** Cottage cheese, part-skim mozzarella, skim milk ricotta and feta. Grated parmesan goes a long way. Best hard cheese is swiss.

**CANDY BARS:** All sugar and fat.

**HOT DOGS:** 85% calories are fat.

The following message was sent to us on July 23, 2001:

"A Deadly POISON FDA IS SUING FOR COLLUSION WITH MONSANTO Article written by Nancy Markle. I have spent several days lecturing at the WORLD ENVIRONMENTAL CONFERENCE on "ASPARTAME" marketed as 'NutraSweet,' 'Equal,' and 'Spoonful.' In the keynote address by the EPA, they announced that there was an epidemic of multiple sclerosis and systemic lupus, and they did not understand what toxin was causing this to be rampant across the

United States. I explained that I was there to lecture on exactly that subject.

When the temperature of Aspartame exceeds 86 degrees F, the wood alcohol in ASPARTAME converts to formaldehyde and then to formic acid, which in turn causes metabolic acidosis. (Formic acid is the poison found in the sting of fire ants.) The methanol toxicity mimics multiple sclerosis; thus, people were being diagnosed with having multiple sclerosis in error.

The multiple sclerosis is not a death sentence, where methanol toxicity is. In the case of systemic lupus, we are finding it has become almost as rampant as multiple sclerosis, especially with Diet Coke and Diet Pepsi drinkers. Also, with methanol toxicity, the victims usually drink three to four 12oz. cans of them per day, some even more.

In the cases of systemic lupus, which is triggered by ASPARTAME, the victim usually does not know that the aspartame is the culprit. The victim continues its use aggravating the lupus to such a degree, that sometimes it becomes life-threatening. When we get people off the aspartame, those with systemic lupus usually become asymptomatic. Unfortunately, we cannot reverse this disease. On the other hand, in the case of those diagnosed with multiple Sclerosis, (when in reality, the disease is methanol toxicity), most of the symptoms disappear. We have seen cases where their vision has returned and even their hearing has returned. This also applies to cases of tinnitus.

During a lecture, I said "If you are using ASPARTAME (NutraSweet, Equal, Spoonful, etc.) and you suffer from fibromyalgia symptoms, spasms, shooting pains, numbness in your legs, cramps, vertigo, dizziness, headaches, tinnitus, joint pain, depression, anxiety attacks, slurred speech, blurred vision, or memory loss-you probably have ASPARTAME DISEASE!"

People were jumping up during the lecture saying, "I've got this, is it reversible It is rampant. Some of the speakers at my lecture even were suffering from these symptoms. In one lecture attended by the Ambassador of Uganda, he told us that their sugar industry is adding aspartame! He continued by saying that one of the industry leader's son could no longer walk -- due in part by product usage! We have a very serious problem. Even a stranger came up to Dr. Espisto (one of my speakers) and me and said, 'Could you tell me why so many people seem to be coming down with MS?

During a visit to a hospice, a nurse said that six of her friends, who were heavy Diet Coke addicts, had all been diagnosed with MS. This is beyond coincidence.

Here is the problem. There were Congressional Hearings when aspartame was included in 100 different products. Since this initial hearing, there have been two subsequent hearings, but to no avail. Nothing has been done. The drug and chemical lobbies have very deep pockets.

Now there are over 5,000 products containing this chemical, and the  
PATENT HAS EXPIRED!!!!

At the time of this first hearing, people were going blind. The methanol  
in the aspartame converts to formaldehyde in the retina of the eye.  
Formaldehyde is grouped in the same class of drugs as cyanide and  
arsenic - DEADLY POISONS!!! Unfortunately, it just takes longer to quietly kill,  
but it is killing people and causing all kinds of neurological problems.

Aspartame changes the brain's chemistry. It is the reason for severe  
seizures. This drug changes the dopamine level in the brain. Imagine  
what this drug does to patients suffering from Parkinson's Disease. This drug  
also causes Birth Defects. There is absolutely no reason to take this  
product. It is NOT A DIET PRODUCT!!! The Congressional record said, "It  
makes you crave carbohydrates and will make you FAT." Dr. Roberts stated  
that when he got patients off aspartame, their average weight loss was  
19 pounds per person. The formaldehyde stores in the fat cells,  
particularly in the hips and thighs.

Aspartame is especially deadly for diabetics. All physicians know what  
wood alcohol will do to a diabetic. We find that physicians believe that  
they have patients with retinopathy, when in fact, it is caused by the  
aspartame. The aspartame keeps the blood sugar level out of control,  
causing many patients to go into a coma. Unfortunately, many have died.

People were telling us at the Conference of the American College of  
Physicians, that they had relatives that switched from saccharin to an  
aspartame product and how that relative had eventually gone into a coma.

Their physicians could not get the blood sugar levels under control.  
Thus, the patients suffered acute memory loss and eventually coma and  
death. Memory loss is due to the fact that aspartic acid and phenylalanine  
are neurotoxic without the other amino acids found in protein. Thus it  
goes past the blood brain barrier and deteriorates the neurons of the  
brain.

Dr. Russell Blaylock, neurosurgeon, said, "The Ingredients stimulate the  
neurons of the brain to death, causing brain damage of varying degrees.  
Dr. Blaylock has written a book entitled EXCITOTOXINS: THE TASTE THAT  
KILLS (Health Press 1-800-643-2665). Dr. H. J. Roberts, diabetic  
specialist and world expert on aspartame poisoning, has also written a  
book entitled DEFENSE AGAINST ALZHEIMER'S DISEASE (1-800-814-9800). Dr.  
Roberts tells how aspartame poisoning is escalating Alzheimer's Disease,  
and indeed it is. As the hospice nurse told me, women are being admitted  
at 30 years of age with Alzheimer's Disease. Dr. Blaylock and Dr.  
Roberts will be writing a position paper with some case histories and will post  
it on the Internet. According to the Conference of the American College of  
Physicians, "We are talking about a plague of neurological diseases  
caused by this deadly poison." Dr. Roberts realized what was happening when  
aspartame was first marketed. He said, "His diabetic patients presented

memory loss, confusion, and severe vision loss."

At the Conference of the American College of Physicians, doctors admitted that they did not know. They had wondered why seizures were rampant (the phenylalanine in aspartame breaks down the seizure threshold and depletes serotonin, which causes manic depression, panic attacks, rage and violence). Just before the Conference, I received a FAX from Norway, asking for a possible antidote for this poison because they are experiencing so many problems in their country. This "poison" is now

available in 90 PLUS countries worldwide. Fortunately, we had speakers and ambassadors at the Conference from different nations who have pledged their help. We ask that you help too. Print this article out and warn everyone you know. Take anything that contains aspartame back to the store. Take the "NO ASPARTAME TEST" and send us your case history. I assure you that MONSANTO, the creator of aspartame, knows how deadly it is. They fund the American Diabetes Association, American Dietetic Association, Congress, and the Conference of the American College of Physicians. The New York Times, on November 15, 1996, ran an article on how the American Dietetic Association takes money from the food industry to endorse their products. Therefore, they cannot criticize any additives or tell about their link to MONSANTO. How bad is this?

We told a mother who had a child on NutraSweet to get off the product. The child was having grand mal seizures every day. The mother called her physician, who called the ADA, who told the doctor not to take the child off the NutraSweet. We are still trying to convince the mother that the aspartame is causing the seizures. Every time we get someone off of aspartame, the seizures stop. If the baby dies, you know whose fault it is, and what we are up against.

There are 92 documented symptoms of aspartame, from coma to death. The majority of them are all neurological because the aspartame destroys the nervous system. Aspartame Disease is partially the cause to what is behind some of the mystery of the Desert Storm health problems (Gulf War Syndrome). The burning tongue and other problems discussed in over 60 cases can be directly related to the consumption of an aspartame product.

Several thousand pallets of diet drinks were shipped to the Desert Storm troops. (Remember heat can liberate the methanol from the aspartame at 86 degrees F.) Diet drinks sat in the 120 degree F. Arabian sun for weeks at a time on pallets. The service men and women drank them all day long. All of their symptoms are identical to aspartame poisoning.

Dr. Roberts says, "Consuming aspartame at the time of conception can cause birth defects." The phenylalanine concentrates in the placenta, causing mental retardation, according to Dr. Louis Elsas, Pediatrician Professor - Genetics, at Emory University in his testimony before Congress. In the original lab tests, animals developed brain tumors (phenylalanine breaks

down into DXP, a brain tumor agent). When Dr. Espisto was lecturing on aspartame, one physician in the audience, a neurosurgeon, said, "When they remove brain tumors, they have found high levels of Aspartame in them." Stevia, a sweet herb, NOT AN ADDITIVE, which helps in the metabolism of sugar, which would be ideal for diabetics, has now been approved as a dietary supplement by the FDA. For years, the FDA has outlawed this sweet food because of their loyalty to MONSANTO.

If it says "SUGAR FREE" on the label-DO NOT EVEN THINK ABOUT IT!!!!!!

Senator Howard Hetzenbaum wrote a bill that would have warned all infants, pregnant mothers and children of the dangers of aspartame. The bill would have also; instituted independent studies on the problems existing in the population (seizures, changes in brain chemistry, changes in neurological and behavioral; symptoms). It was killed by the powerful drug and chemical lobbies, letting loose the hounds of disease and death on an unsuspecting public. Since the Conference of the American College of Physicians, we; hope to have the help of some world leaders."

## **LEARN HOW TO MAKE YOUR HOME A HEAVENLY RETREAT BY VISITING:**

[WWW.ASCENDEDMASTERSSPIRITUALRETREATS.ORG](http://WWW.ASCENDEDMASTERSSPIRITUALRETREATS.ORG)

## **OH THE BLOOD OF JESUS**

### **MIDI FILE**

The author of the music and lyrics of the Hymn, OH THE BLOOD OF JESUS, is anonymous. The arrangement and midi sequence of the midi file you are listening to was done by Bill Mc Ginnis of Bill Mc Ginnis Ministries - <http://patriot.net/~bmcgin/ministries.html>.

Some common lyrics are:

OH THE BLOOD OF JESUS  
OH THE BLOOD OF JESUS  
OH THE BLOOD OF JESUS  
IT WASHES WHITE AS SNOW

THERE'S DELIVERANCE IN THE BLOOD OF JESUS  
THERE'S DELIVERANCE IN THE BLOOD OF JESUS  
THERE'S DELIVERANCE IN THE BLOOD OF JESUS



IT WASHES WHITE AS SNOW  
THERE'S POWER IN THE BLOOD OF JESUS  
THERE'S POWER IN THE BLOOD OF JESUS  
THERE'S POWER IN THE BLOOD OF JESUS  
IT WASHES WHITE AS SNOW

You can download the midi file by right clicking [here](#) , then saving it to your hard drive. It is recommended that you play it all the time. ([www.demonbuster.com/blood.mid](http://www.demonbuster.com/blood.mid))

THE END.

Cut out this sign and hang or tape it OVER every door entering you home or office. You could also just write it out on paper and tape it to the doorway. It will keep many demons and people from coming in the doorway. We have personal testimonies that it works. If you have more than four doors, make some more copies.

WHOEVER OR WHATEVER ENTERS THIS HOME  
IS COVERED WITH THE BLOOD OF JESUS

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